

National Service Scheme (NSS)

Unit of

**Don Bosco Institute of
Technology, Kurla**

Reports 2019-20




PRINCIPAL
DON BOSCO INSTITUTE OF TECHNOLOGY
Premier Automobiles Road, Kurla West
Mumbai - 400 070

National Service Scheme (NSS)
Unit of
Don Bosco Institute of Technology, Kurla

Aim

Share expertise and resources for the benefit of the underprivileged children, youth and women of the local communities

Vision

Sensitizing towards social issues and reflecting on the unique contribution of the institute to societal problems of using design thinking method

Themes for the year 2019-20

- **Digital India-** Youth for Technology and social change
- **Savch Bharat Mission-** Youth for green and sustainable environment
- **Education for all-** Youth for education and participatory learning
- **Healthy people; healthy campus**



SANKALP
NSS, Don Bosco Institute of Technology



SAHAAY
NSS, Don Bosco Institute of Technology



UDAAN
NSS, Don Bosco Institute of Technology



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Activities Calendar 2019-20

Sr No	Month	Date/s	Activity
1	June	21 st June	Yoga day- session for staff and students
2	June	24 th – 30 th June	Student social/Rural internship
3	July	24 th -20 th Aug	Enrolment drive
4	August	August-May	Technical work
5		13 August	Sale of Bamboo Rakhi
6		24 th August	Disaster Management training workshop
7		27 th August	Health Check-up camp for staff
8		5 Aug-18 Oct	Mumbai Utkal school teaching
10		31 Aug-2 Sept	DBCL Leadership camp
11		31 Aug-19 Oct	Football coaching activity
12		September	09-13 Sept
13	14 March		Muskan Group follow-up meeting
14	16 Sept-18 Oct		Evening Study classes for slum children
15	25 Sept		Blood Donation camp
16	26 Sept		Menstrual Hygiene Awareness for school children
17	October	2 nd Oct	BhajanSandhya-Gateway of India
18		2 nd Oct	Beach cleaning activity
19		18 Oct	Term end evaluation meeting
20	November	1-3 Nov	first term report submission
21		2 Nov	Diwali celebration with special children
22		30 Nov	Technical field orientation program for youth
23	December	10-15 Dec	camp preparation- Walwanda visit
24		20 th Dec	Staff Christmas Party (Tentative date)
25		28 Dec	Christmas celebration with special children
26	January	14 Jan-14 March	Utkal school sports and teaching activity starts
27		14 Jan to 12 April	sem-2 activities
28		23-25 Jan	Hysteria 2020 (Tentative date)
29		26 Jan	Republic day celebration
30	February	9 th Feb	Sanitary Napkin training program for adolescent girls from slum
31		8 th Feb-15 March	Green campus activities
32	March	4-5 March	Warli Painting workshop for students
33		30 th March	Submission of scrutiny and account document
34	April	13 April	term ends




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Reports in Detail

International Yoga Day 2019 at DBCL campus- “Healthy people; Healthy campus”

DBCL-Kurla 21 June 2019: The DB MAC department of Don Bosco College BMS institute and the unit of Don Bosco college and Don Bosco Institute of Technology, Kurla had organized yoga sessions for the students and staff of Don Bosco Centre for Learning campus on account of the International Yoga Day June 21st, 2019. The Yoga sessions were conducted by Ms. Pooja Gupta, a yoga and martial arts expert from the DBC BMM department. She trained a few volunteers a few days before the day of the event.

The day started in the morning at 8:00am with the sessions with the SJITI students who were well disciplined. Even though a few were distracted by the names and postures of the asanas, they performed them well. The sessions with the SJITI students ended at around 9:00 with a concluding speech by Amar sir from the ITI department and Fr. Joe. Around 370 students and staff attended this first session.

The second session was conducted for the Don Bosco College students and staff of HS, BMM and BMS department from 9:30am to 10:30am. Fr. Joe addressed and welcomed everyone in the beginning of the session, followed by a talk by Ms. Pooja Gupta on the benefits of yoga. Then the warm-up followed by the different asanas of yoga. Around 310 students attended this session. At the end of the session Ms. Pooja informed the students about the yoga and martial arts classes which will be started soon in our DBCL campus.

The Third session was conducted for the staff of DBCL campus where all the yoga asanas were performed along with additional asanas. The volunteers were surprised to see their teachers do the asanas so well. 48 teachers from the campus attended the yoga training session and some of them have shown their interest to join regular yoga classes which will be conducted by the DB MAC department.

In the end Fr. Joe proposed a vote of thanks to all participants and special thanks to Ms. Pooja Gupta for conducting Yoga sessions for staff and students followed by a group photograph.

The Don Bosco Centre for Learning campus students and staff not only learnt the different exercises in yoga, they also learnt the benefits and importance of yoga.

Rural Internship Report

Event Overview:- IIEEE and together organised a Rural Internship at Walwanda, Jawhar.

Duration:- 24th June 2019 to 30th June 2019

Venue:- Walwanda village and GES's Arts, commerce and science college, Jawhar.

Participants:- 7 students of EXTC Department of under guidance Prof. Dr. Ashwini Kotrashetti and Programme Officer Mr. Royal D'souza.



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Objectives:-

- To cover the Community Mobile Charger by a shelter made by metal frames in Phanaspada, Walwanda.
- To install the Community Mobile Charger at Kalidhondh, Jawhar with Solar Panels.
- To install the Sanitary Pad Making Machine at GES's college of Arts, Commerce and Science, Jawhar.
- To conduct a survey on Water Management in Umbarvangan, Walwanda.
- Interaction with Phanaspada School and Zilla Parishad School, Walwanda.

Event Description

Highlights: The Projects undertaken during the 7 day internship programme at Walwanda was a continuation of Projects undertaken during the Camp 2019. All the seven students participated in each and every project and worked as a team to complete the projects at the earliest. The main motto behind the Rural Internship Programme was to interact with villagers and understand their problems to provide them some basic Engineering solutions. Also students learned how solar panels are installed and basic electrical connections of batteries, inverter, etc. In short, students got an hands on experience on it.

Day 1:

The planning of the Internship programme started well in advance from 17th June i.e preplanning of all the activities and budget. Three students reached at 7:30am to load some material and stationary from the college While other four students boarded a bus from Thane Bus Depot to Walwanda. We alighted from at 10am in a Truck and reached Jogeshwari to load the Sanitary Pad Making machine and raw material for it. Due to uncertain rainfall, we left Jogeshwari by 3pm. The truck reached the Jawhar college by 7 in the evening and unloaded all the material and machine. After having snacks served by Jawhar College, we left to Don Bosco campus for our stay and unloaded metal sheets at campus. Also others reached campus in the evening by 7. After having dinner, the day went off.

Day 2:-


The day started by planning the events by having a meeting with Royal sir at 8:30am. The students were divided in to three groups . Two groups went to Jawhar to buy the material while one group went to Phanaspada. While one group was busy installing the Sanitary pad machine at Jawhar college, other group went to but the material which would have been required for putting up the shelter in Phanaspada. Students present in Phanaspada distributed the stationary to the local school of Phanaspada in presence of Patil sir(School teacher in Phanaspada). Both the groups which were in Jawhar reached Phanaspada to continue the work. Due to unavailability of electricity, all students took the material back to the campus to make shelter of it. By the time, a small platform was build by Mr. Dhinda(local carpenter) to provide a smooth surface for the charger. After reaching Campus, students went for the dinner after having some rest and the day went off.

Day 3:-

The day started with a meeting with Royal sir for further planning of the programme. With the help of ITI students present in the campus and Faculty of ITI college, a shelter was made with proper measurements and scale. Since, electricity was not available after afternoon, the work continued in morning next day. Hence, this day went off .

Day 4:-




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Since the shelter was ready by 11am, we all headed to Phanaspada to setup it with 2 ITI students. With everyone's effort and with a great team, we were able to do it in a very short span of time. After doing the setup of the shelter, we headed to Umbarvangan for survey work regarding the water management. Some basic techniques were discussed among to villagers on how to store the water. Also students provided some biscuits as a small gift. Since some students were new to the place, we went to Jawhar city for a small trip . We all were back to the campus by 9pm.

Day 5:

The main work was to be done to install the charger at kalidhondh which was there in ITI campus. The work was done under the guidance of an expert Mr. Limbdiwala to whom the AMC was given. Mr. Limbdiwala reached the campus by afternoon and the work started by dismantling the Solar charger. Under his guidance we got to learn many things. Since the work was going on ,two of us went to sarpanch's house to book a tempo as the charger was to be shifted at kalidhondh. After dismantle of the charger, he went for the stay at Dahanu while some students went to buy the snacks which we were going to provide to all students of Zilla Parishad School as a token of gift.

Day 6:-

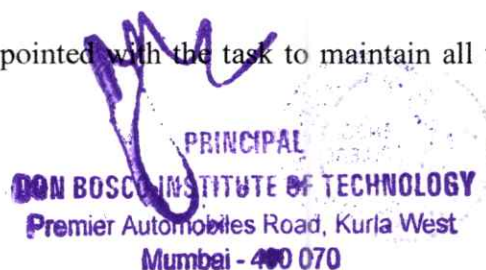
The day started by interacting with student and teachers of Zilla Parishad School. Some students played games with students while some interacted with teachers. After the interaction, we distributed the snacks to the school students. Mr. Limbdiwala reached the campus by 11 in the morning and we left to kalidhondh for the final work. After reaching there, we did the connection of batteries and inverters. Due to unavailability of electricity, we were not able to fix the solar panels. Hence we headed back to Phanaspada as there was a technical issue in the Anganwadi(nursery school). The technical issue was solved and a small Fan was installed. After all the work we headed back to campus while Mr. Limbdiwala and his company headed back to Mumbai. The very next morning, we all headed back to Mumbai by a Bus

ENROLLMENT DRIVE (25th July to 20th August 2019)

The enrolment drive for Starts right when the odd semester at college begins. The enrolment is done by the students who are currently in their 2nd year of service at . This drive encourages the junior students to get involved in activities and also gives them an opportunity to know what actually goes on during college hours at . This drive started from 25th July and the whole institute was covered by publishing about by 20th August. This semester our institute saw to it that even the diploma students are given an equal share in enrolment as diploma students are to admitted to college late which doesn't give them a chance to participate. More than 210 students registered their names for joining . Out of them 147 students joined this year. Total 200 students are in from Engineering and Management departments.

Technical Project work

Wayne Fernandes, volunteer (TE IT) was appointed with the task to maintain all technical activities for the year 2019-20.



To maintain the Mumbai University site with all the updates of circulars and list of Area and District coordinators.

In month of July Wayne and program officer had a discussion with the Director of , Prof. Sudhir Puranik at Vidyapeethbhavan, Churchgate. Were they discussed about there being a lot of outdated data on the site and possible plans of updating the data in the site and upgrading the site as well.

Bamboo Rakhi project

On 13th of August 2019, volunteers sold bamboo rakhis to the students of , the project was a huge success and got an all-round applause. What was special about this is an indigenous product that challenges the cheap rakhis being dumped in the Indian market by the Chinese, these green bamboo rakhis fund a day's meal. These kinds of rakhis are the best examples as to how a natural renewable resource such as bamboo can be best utilized to come up with a livelihood plan. Students of understood the cause and willingly participated in this project within 3-4 hours all the rakhis were sold out, each rakhi was sold for about 10 Rs and the entire amount went back to the source. In the end volunteers as well the student were satisfied to be involved in such a fruitful project.

These Rakhi was made by the women Seaf Help Group members of Vivek Rural Education trust, Saphale, Virar East. This project was suggested by the University cell.

Workshop on Disaster Management preparedness for students and staff

DBCL-Kurla: On 24th August 2019, A Disaster Management preparedness workshop was organised by the unit of and DBC under the guidance of Mr. Royal D'souza (Program Officer,) at seminar hall, 3rd floor of 'A' wing of DBCL campus. This workshop was attended by 110 students and 14 staff members from , DBC and support staff of DBCL campus. The program was led by 3 officials from Disaster management cell of MCGM.

The awareness program started at 10:00. The first workshop conducted was based upon the theoretical concepts of disaster management. Mr. Rajendra Lokhande was the first speaker who gave a brief idea about how one should handle such situations in an excellent way. He gave various points about how to face such situations namely 'Do not panic', 'Have a presences of mind ' , 'Don't spread or believe in rumours' and 'walk fast and not run'. Mr. Lokhande shared a lot of incidences and explained how we can to overcome them by using these main points. Sir also shared a lot of real life experiences he had during his time working for the BMC Disaster Management cell. It was very interactive session.

The second session was conducted by Mr. Bharat Kumar Phunge an ex fireman of Mumbai fire brigade. This session covered various topics about fire fighting situations and how to overcome them. He also gave a talk on different types of fire extinguisher and how to use them .He demonstrated how to handle fire and how to put it off at the Basketball court. The amazing experience of 10 years that Mr. Bharat had was pretty much understood by everyone



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by the way he conducted the session .This session ended at 1:00 and snacks were distributed among all.

The third session started at 2:00 by Mr Praveen Bramhadande. This session was about how to make a stretcher in any situation and how to evacuate casualties from a disaster without harming them. In this session all participants also learnt different types of knots which can be used during such adverse conditions and when and where one should use them. Sir's explanation and demonstration were very accurate to the smallest details.

The workshop ended at 4:00pm. A vote of thanks was given by Mr. Wayne a volunteer of to the MCGM cell for conducting such an amazing event for the students and staff to make them better and alert citizens of tomorrow.

Healthy staff = Healthy campus HEALTH CHECK-UP CAMP REPORT

DBCL-Kurla: The unit of Don Bosco Institute of Technology () arranged for a free health check-up camp for teaching, non- teaching and support staff of Don Bosco Centre for learning (DBCL) campus on 27th August, 2019. The program has been co-ordinated by Mr.Royal D'souza, co-ordinator of and a Senior Programme Co-ordinator for Social Outreach Project of DBCL Kurla, with the support from volunteers.

The camp was inaugurated in the presence of Mrs.Vijaya Jagadale, District Chairperson, Lions Club, Ghaktkopar, Dr.Arvind, Kohinoor Hospital, Kurla(W), Mr.Florencia D'souza, Social worker, Holy Cross Medical Trust, Kurla and Mr Sam from the Spectrum pathology lab.

The team of Doctors and assistance from Khoinoor Hospital and Dr Eye Foundation were conducted this drive. In this drive Spectrum pathology lab collected blood sample for the CBC and Hepatitis B check up.

The Health Check-up drive consisted of General Check-up (Blood pressure check-up, Blood sugar, Height and weight/Body Mass Index (BMI), BMD and Doctor consultation), Eye check-up, Dental check-up and Blood Check up.

The camp was a great success wherein more than 153 staff members from DBCL visited the doctors and took benefit. The DBCL staff got their health check-up with proper care and thus the event was a total success. Volunteers from SJITI helped to organsie this camp for the staff members.

SCHOOL TEACHING REPORT

Volunteers:

TE Students

- 1.Rutuja Randive TE COMPS
- 2.Saurabh Chaubey TE EXTC
- 3.Bhushan Kolhe TE EXTC
- 4.Cromwell Mendes TE EXTC
- 5.Hemant Mahajan TE Mech-B
- 6.Prasad Patil TE Mech-B



A handwritten signature in blue ink, appearing to be "PRINCE", written over a faint purple stamp.

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SE Students

- 1.Khan Abdul Rehman SE-EXTC
2. Sonal Chaudhari SE-COMPS
- 3.Prajna Nayak SE Comps
- 4.Rameshwar chavan SE Extc
- 5.Aniket Bind SE Mech
- 6.Mitul Shetty SE Mech
7. Anand Singh SE IT
8. Riona Dsouza SE COMPS
9. Malvika Shetty SE IT
10. Dhanashree ChilapSE-EXTC
11. Vallabh SE -IT
12. Suma Nagral SE-IT
13. Karan Naik SE-Mech

Duration:28 August -7October

Time:7.50 a.m. to 8.50 a.m.

Venue: Utkal school, Kurla (West)

School teaching program was carried out this semester under the National Social Service () unit of in Mumbai Utkal School, Nawpada Kurla West. The program was carried out by Second year and Third year volunteers. The volunteers used to take revision on the topics in which the students faced difficulties and as well as the volunteers used to revise and teach certain topics as per students requirement. Sessions were divided in order which includes Math problem solving and certain grammar topics and basics of the science chapters and reading of the English chapters. Volunteers had a proper schedule for visiting the school. Each volunteer went for 3 days in a week.

Topics covered by TE are maths-decimal fractions, measuring time, problems on measurement, perimeter and area, squares for std 5th and ratio and proportion, percentage for std 6th and English-water in the well, legend of marathon for std 5th and science-substances, objects and energy for std 5th and oscillations for std 7th. Topics undergone by SE are science-modes of transport, magnetism, general applications of science and maths-basics of addition and subtraction, multiplication and division, problems on area, time, fraction, simple number names. Along with problems and concepts the volunteers also took fun activities such as a game, introduction of students to improve their English skills and Quiz based on the students syllabus and also general knowledge.

The activity was carried out regularly for the allotted duration. There was evening school teaching as well in that extra class was taken by the Volunteers and the volunteers used to sit with them and solve their doubts and help them to work on their weak points which help them to improve their grades. The volunteers as well as the Utkal school students had a great time while going through this activity.

LEADERSHIP CAMP 2019

Don Bosco Yuva Sanstha, Karjat



A handwritten signature in purple ink, appearing to be "M. J. ...".

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Don Bosco Center for Learning organized a leadership camp for the student leaders and heads of the various departments at the Don Bosco Yuva Sanstha, Karjat from the 29th of August to the 31st of August 2019. The total of 38 participants including facilitators joined this three day camp. Its objective was to develop the students' personality and leadership skills. During these three days various activities and sessions were conducted.

On the first day the students arrived the campus at 10:30am and were given rooms. Later they gathered in the hall and an ice breaker session was held where they interacted with each other and made new friends. They also made a commitment poster. Activities like square-circle human-knot and mirror action was lead by Mr Royal (Camp Coordinator). After lunch games like save the world, value auction and animal farm were conducted by Mr Royal that taught them how to co-ordinate with everyone. In the evening during the free time the students played football and dodge ball few of us also played basketball. Day one was come to an end friendly feedback session with Mr Royal was held, there after dinner and then headed to their rooms at 10:00pm.

On the 30 August early morning there was a trek to the mountain, later activities like Marbello, Solve the Puzzle, Spider Web, Australian walk, and Ankles away were held, that helped them to improve their decision making skills, confidence, observation, co-ordination. Soon after lunch a session on how one can be a good observant leader was conducted by Fr. Christopher George (Director DB communication department). He taught the students how to be alert and how to tackle various situations in and around the campus or a corporate office.

Sun had set and the students had a cook-out where all the four groups prepared different dishes for dinner. While group one and two made chicken chilly, kheer and cheese mashed potatoes group three and four made chicken barbeque and chicken spicy maggi with bell-pepper scrambled eggs. After it was prepared everyone shared their dishes and had a great time having dinner and gossips. By the end of the day everyone was like a whole family.

Day three arrived; there was a mass for all the students. Then the group had a feedback session on the overall camp and also discussed on various activities that could be held for the entire Don Bosco Kurla campus. It was time to head back home, while bags were being dropped by the tempo we went walking through the village and then a few got into a truck and the others by rickshaw and reached the station. This was how the Don Bosco Leadership Camp 2019 was held where everyone had many memories and quality knowledge to share with everyone.

FOOTBALL COACHING REPORT FOR SEMESTER

Volunteers:

Royston Carvalho	TE EXTC
Bhushan Kolhe.	TE EXTC
Hrishikesh Borkar	TE EXTC
Cromwell Mendes	TE EXTC
Christopher Sabu	TE EXTC
Savio Lobo.	TE IT
Lavin Peeyus.	TE IT




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Darshan Doshi SE MECH
Prasad Patil. TE MECH
Hemant Mahajan TE MECH

Duration: 31st August - 13th October
Time: 8:00 a.m. to 11:00 a.m (Every Saturday and Sunday)
Venue: Lok Seva Sangam, Govandi (E)

Football coaching program was carried out this semester under the National Social Service unit of . This time it was carried out by 's volunteers and DVC volunteers. The activity was conducted on Saturdays and Sundays. Each day's activity consisted of two sessions. In the first session, the volunteers brushed up the basic grammar of students. They also taught them the most valuable virtues in life. The second included various football drills such as stopping the ball, passing the ball, shooting and so on.

ROAD SAFETY REPORT

No of days: 4
Date: 3,6,8,12 sept 2019
Total no of hours: 30
Total no of volunteers: 12

The National Service Scheme() of Don Bosco Institute of Technology Mumbai organized a Road Safety and traffic control program near Sheetal Talav, Kurla(W) on 03/09/2019, 06/09/2019, 08/09/2019, and 12/09/2019.

It was organized during the Ganpati Vacations. Insp. Me Ubale who is the traffic incharge on location was co-ordinating with the college. On the first day students were very excited, as to what work would be given to them. The student met PSI Dilip Gaokar visited college on 1st September to conduct orientation about this activity and he allocated the students at different locations. Few were given the task of Crowd Management that included letting people In, guiding them to do the Pooja and then showing them the way out. Some were placed near the parking area to clear the cars and tempos that were carrying the Ganpatis. The others were on the road clearing the traffic so that there is no crowding of vehicles.

Volunteer's observations

Because of our help the officers stationed could sit and take rest from their busy schedule. Volunteers were also able to learn and understand how police men are constantly under pressure to maintain law and order.

In order to reduce the traffic we group of volunteers proposed few ideas

1. Making use of lasers to engage ABS and compel driver to stop under worst case scenario
2. Installing beacons on the road side with chips that would sense and start the timer of 5 mins as soon as covered by any vehicle after 5 mins of parking there would be penalty ticket
3. Use of drones to monitor live traffic

Muskan Group career guidance program follow-up meeting

Two "Career Guidance Program for Muskan Group" was organized by Sanmitra Trust and Unit of Don Bosco Institute of Technology (DBCL Campus), Kurla on 28th / 29th March and 13th /14th May, 2019 at Boscowadi, Uttan, Bhandar west. This career camp was attended by 46 boys and girls from Mumbai area.



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To find out the current academic and career status DBCL kurla outreach department conducted followup meeting on 14th September 2019 at Bosco Boys Home Borivali west. 22 students attended this meeting. Most of the students are doing their college studies. One student left his current job and looking for short term technical training. The staff of Bosco boys home advised him to join short term course of BBH.

In this meeting Mr. Ajay said that very soon Sanmitra will start giving sponsorship to all college for their academic purpose.

Evening student classes for the academically weaker students

PLACE:

For the very first time the unit of decided to start a teaching activity for the underprivileged children from nearby area of DBCL campus. By this activity, the children who were weak in studies, who were slow learners and who had the eagerness to score more marks in exam were benefitted. The volunteers of who were eager to teach the children came forward and gave their piece of knowledge to them.

This activity was started on 16th September and was inaugurated by the Director of university of Mumbai. A total of 40 students from Mumbai Utkal School came to this activity. The students, including both boys and girls studying in 5-8 stds learned subjects like English, maths and science. The volunteers waited after their college hours from 5-6 and taught the children. It all began from basic calculations to grammar. Each student was assigned 4-5 children so that a 1-1 learning-teaching process was possible. A total of 20 volunteers from came forward for this kind act.

Everyday the children came and learned the subject taught by their respective volunteers. The children also cheerfully took interest which was reflected by their smile after the activity.

BLOOD DONATION DRIVE

unit of in collaboration with DBC organised the blood donation drive on 25th September 2019 . Before the actual event many preparations were done by the volunteers including both and DBC.

15 days prior to the event publicity of the event was done from class to class including engineering department, HM, BMM, ITI etc. During the publicity people were made aware about the event and who all are eligible to donate and what all precautions need to be taken before coming for donating blood. Also registration desk were put near the canteen for the prior registration. Also Google form was circulated in the class groups for the same. Everyday different posters were put up in the canteen and forwarded to groups to encourage more and more people to donate.

On the day of donation KEM and Samarpan blood banks were having their own medical kits and beds ready for the donors to make them comfortable. Mr Royal Dsouza, Program officer of started the event by welcoming the staff of both the hospitals. Donors were given tea and biscuits after donating. Also certificate, coupon and attendance for the lecture they missed was provided . Approximately 330 donors donated their blood for the better cause.

So the whole event went so smoothly, it was organised in such a good way . All the volunteers coordinated each other and worked 10-15 days to make this event possible. All the volunteers provided with the 60rs coupon .



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VaishnaviGadgil

(head of donation drive)

Following is the attendance list for various days:

Publicity team: (17/09/2019—11:00 to 2pm)

VaishnaviGadgil	TE COMPS	24
Anand Singh	SE IT	55
Shan Abdul Rehman	SE EXTC	22
Christopher Sabu	TE EXTC	14
Registration team: (24/09/2019 11:00 to 2pm)		
1. VaishnaviGadgil	TE COMPS	24
2. Christopher Sabu	TE EXTC	14
3. Sneha Satish	SE COMPS	55
4. Sonal Chauhan	SE COMPS	04

25/09/2019 (9:00am to 5:00pm)

1. VaishnaviGadgil	TE COMPS	24
2. Christopher Sabu	TE EXTC	14
3. Sneha Satish	SE COMPS	55
4. Sonal Chauhan	SE COMPS	04
5. LubdhaNarkhede	TE MECH B	46
6. AtharvaBondre	TE EXTC	07
7. NiharChavan	TE MECH B	10

Menstrual Hygiene Awareness Program for the school children

A session on "Menstrual Hygiene" was conducted with the girls of Mumbai Utkal English High School, Kurla (W) on 26th of September 2019. The students of class VII, VIII & IX were addressed by Mrs. Freda Carvalho and students of D.B.I.T. She emphasised on the need of menstrual hygiene and stressed upon the fact that girls need to be proud of this very important phenomenon of their lives and welcome it with joy. That they need to take care of themselves. She also stressed upon the fact that incineration of the sanitary pads in a proper way is crucial. They have to be covered properly before disposing off or incinerated before throwing away. It is very important to take care of the environment too. Don Bosco Institute of Technology donated a box containing 1100 sanitary napkins to the school. The students of EXTC and volunteers Saurabh Chaubey, Shruti Korade and Atharva Bondre were present along with Ms. Freda Carvalho during the session, while the Principal of the School Mrs. Mousumi Parija was present at the occasion.

BhajanSandhya at Gate way of India

On 2nd October unit of and DBC volunteers attended event of BhajanSandhya at Gateway of India. The event was organised by Mumbai University unit. The special guest of event were Hon'ble Vice Chancellor Prof.SuhasPednekar and some guest from Mumbai. 08 volunteers attended this program.

The event started at 4 p.m. units from all the colleges under Mumbai University attended the event. Cultural events were organised by Mumbai University students. Group of students from MU sang some of the iconic Hindi as well as Marathi songs followed by a bharud (Traditional Marathi song) by one of the professor of MU. The event ended at around 7.30 P.M. snacks were provided to the units while leaving. It was a very fun filled event for all of us.



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REPORT ON BEACH CLEANING ACTIVITY

October 2,2019: The Beach Cleaning Activity was Organized by the Unit of Don Bosco Institute of Technology at Versova Beach on October 2,2019. The Event was hosted by Exim Bank. The Reporting Time for this Activity was 8:30 am.

The Students arrived on time wearing their t-shirts at Versova Beach. The Theme for this Activity was Gandhigiri as it was held on the auspicious occasion of Gandhi Jayanthi.

The Students were provided gloves in order to clean the Beach. The students were motivated and showed great teamwork in cleaning the beach. The Activity went on till 10:30 am. The activity ended at 10:30 am.

The Students surely made a difference. Attendance was taken at the end.

Total 39 Students from both SE and TE were Present. It was an enriching activity.

Diwali Mela 2019

On 2nd November 2019 unit of and DBC, SYM and YaR ministry of DBCL campus came together to celebrate Diwali with the HIV affected and effected children from the Sanmitra trust. A Diwali Mela program was organised where 32 volunteers of DBC and took part to make the event a great success under the guidance of Mr.RoyalD'souza.

The special guest for the event were Dignitaries from EDGC, Inherwhile club Thane garden city, Mr. Dalvi (MCGM) Dr.Parvati (Principal of DBC) Prof Prabha Desai (Director of Sanmitra Trust), Ms. Vijaya Jagdale (Lions club Ghatkopar) and Prof Mahalaxmi ().

The event started at 9:00am.Breakfast was provided for all the people in the canteen and they were sent to Mondini hall where the rest of the events took place. There were 12 game stalls put together for the kid. Short documentary on Enviournment conservation was displayed by lions club for all the participants.

Various fun events like Divya painting, book balancing, Spoon and Marble, Musical Chair for parents and drawing was organised for everyone where everyone actively took part. Around 350 Children and parents attended this program.

The event ended at 1:30 pm before which prizes were distributed and books,pen and pencil were distributed to all the kids. All the participate received family gift from Sanmitra Trust. Lunch was provided in the college. It was a very fun filled and joyous event for all. Students and staff of the DBCL campus supported and sponsored this program.

Technical Skill orientation program for community youth

DBCL-Kurla: India has one of the largest technical manpower in the world. However, compared to its population it is not significant and there is a tremendous scope of improvement in this area. In India, the emphasis has been on general education, with vocational education at the receiving end. This has resulted in large number of educated people remaining. Technical and Vocational Education plays a vital role in human resource



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development of the country by creating skilled manpower, enhancing industrial productivity and improving the quality of life.

Keeping this objective in mind the Outreach department of Don Bosco Centre for Learning, Kurla SYM youth from SJITI institute conducted Technical skill orientation program for 10th to 12th standard students youth from Ghatkopar area on Saturday 30th November at in DBCL campus. Mr. Amol from Century classes Kamraj Nagar, Ghatkopar West motivated 29 students for this visit from his area.

Mr. Royal D'souza (Outreach program officer of DBCL) welcomed them into the campus. Then Mr. Amarr Prabhu (Principal of SJITI) explained them the courses offered by the St. Joseph ITI, Kurla under the various schemes and programs. Then all students visited Automotive, Plumbing, Electrician, RAC and Hospitality sections. The campus tour was conducted by the SYM members of SJITI and they showed them all labs of SJITI.

Celebration of Christmas and New Year

Christmas and New year celebration program for Muskaan group event held for families inflicted and affected with the disheartening condition of acquired immunodeficiency syndrome (AIDS) on 26th December at 9am to 2pm. The primary purpose of the event was to celebrate the occasion of Christmas and the coming of a new year with these families. Families were also given donations in the form of stationeries and books that were sponsored by the Times of India. The event was held by Don Bosco and took place in their school in Borivali west.

Families started arriving in the campus around 9 am, where they were greeted with a plate of puffs and samosas for breakfast post which they were seated in the main hall. The event commenced with an opening note describing the Muskaan initiative and how Don Bosco had been an integral part of it.

Post the opening note, the kids were dispersed to participate in the half a dozen activities that were set up for them in the hall. Each activity, if completed successfully by the child, would entail them to one prize coupon which could be collected and traded in for prizes such as stationery and books at the end of the day. The activities included blowing a piece of chalk into a bottle, knocking down a pyramid of cups with a ball and balancing a ball on a piece of thread only to get it to fall in the right place. These activities continued for over an hour post which special games were held for the adolescents and parents. The parents were engaged in three rounds of musical chairs while the young adults enjoyed a lengthy game of passing the parcel. The top three contenders of each game were given prizes.

Once these games ended, the adolescents were taken for an informative and interactive session of basic graphology that was helmed by Power of Handwriting which was represented by Mr. Rajesh Jauhari. This session was in furtherance of the Phir Likhega India campaign of the Times Foundation. It aided the students in understanding what their handwriting says about them and how can they improve the same. Patterns to improve focus,



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will power and to reduce stress were given to students to practice which would help them in different courses of their life.

While the students were engaged in this session, the parents participated in a heated general knowledge competition. The announcement of spot prizes had everybody on their feet and each question was met with a loud and immediate response from the crowd. The quiz ended after just over ten questions, leaving behind a much more well-informed audience.

Post this; the music in the hall was louder than ever, resulting in most of the kids and adults dancing at the back of the hall. The next half hour was the most energetic of the event with everyone sweating it out on the dance floor while the staff prepared for snacks and lunch.

On asking the participants about their day, they said they enjoyed themselves and were very happy with the prizes they won. When asked about what they enjoyed the most, most individuals said that they loved dancing and the parents said they loved the GK quiz as well.

The event was a successful one, resulting in a successful donation drive along with a great day for the children and parents, some of who had come from as far. The event saw a quorum of over 400 individuals that included children as young as 8 years old to young adults around 18 years of age along with their parents. This would not have been possible without the sponsors including, The Times Foundation which was represented at the event by Mr. Brahmajeet, Sanmitra trust, Parle Agro (food sponsor), individual donors, and the alumni from Don Bosco School Matunga along with the faculty members of the same who actively participated and ensure the smooth running of the entire program.

Skill training program for Adolescent girls (Sanitary Pad Making Training)

The Don Bosco Centre for Social Change (DBCSC) Outreach department, DBCL-Kurla is implementing short term skill training project from Mumbai Municipal Corporation (BMC) from the financial year 2013-14 onwards.

For the financial year 2019-20 we received the target of 785 women training. Out of them 55 school dropout adolescent girls and young women are attended one month Sanitary Napkin making skill training program in DBCL campus. After the skill training Outreach cell conducted one week special training on entrepreneurship so that these girls can start their own business.

Report Green campus activity:

Green Line is a part of a unit and it is working on several projects which are related to environment conservation. Group of students is working for Green Line under the guidance of Mr. Royal D'Souza. This semester under green line students has worked on various activities.

Green Campus team had planned 8 activities that would be conducted in college. Along with the Third Year the Second Year students were accompanying them. Spreading awareness and creating Herbal garden is important and that is what they have achieved this semester. An integration and blend of activities are mentioned below:



This activity was held for 15 days.

The following below were in-charge of their respective works.

- Shreyas - making useful newspaper bags
- Lubdha – collection of plants
- Pratibha – Making the report of the activity
- Manmeet - sales manager of manure
- Kashif – collection of manure
- Amol – caretaker of plants
- Shivam Singh – getting pots for planting
- Gianna - Bookmarks and Information about the plants

Pots were purchased on 17/02/2020 by Sonaland Shivam.

The activity started on 18/02/2020.

30 plants which included 15 curry leaves and 15 lemon grass were planted by Amol, Lubdha and Shreyas.

The procedure for planting was as following:

- First, the pot was cleaned and a layer of soil was deposited.
- Half cup of manure was placed on top of the soil.
- Saplings with roots were planted in this followed by another layer of soil.

On 20/02/2020, 19 pots of tulsi were planted by Pratibha, Sonal and Kashif.

On 24/02/2020, 60 packets of 500gm of manure were made from 7am to 9 am.

Rest 140 bags of manure were made on 25th Feb from 4pm to 7pm.

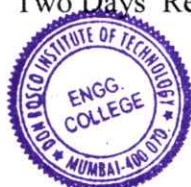
Apart from this, plants were inspected and watered by Amol during this week.

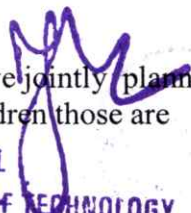
Finally, these plants and manure bags were sold on the day of Colosseum by Manmeet.

On a closing note the activities were successfully incorporated and carried out. Through this volunteers didn't just gain something for themselves but they were able to implement it in others life as well.

Career Guidance program for Muskan Group

The Sanmitra Trust and Don Bosco Centre for Learning campus Kurla have jointly planned a Two Days Residential Career Guidance program of Muskaan Group children those are




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appearing for 10th and 12th standard exam this year on 30-31 March and for 9th and 10th std students on 11-12 April 2020 at Bosco Wadi, Gorai, Bhayandar West.

Our muskaan is a self help and mutual help Group of 500 positive mothers and their infected (HIV) and affected children. We have embarked on a journey towards AIDS FREE GENERATION. They all live in families and extended families. Some of them have lost one or both parents in the decade long epidemic of AIDS in India. But things have changed for better. Medicines are available for managing HIV virus and it is no longer a death sentence as was earlier.

The details of Career Guidance program are as follow :

Theme of the proposed workshop

Learning life skills , getting vocational guidance , choices of careers and lifestyle maintenance / management to live long and stable healthy life. Bonding and positive minds Innovative Thinking .

Proposed Dates-30th and 31st March 2020 and 11th and 12th April 2020

Venue-Boscowadi / Gorai , Borivali

Participants: 40 children in each camp

Fellow staff and resource persons-5

Note: Due to the lockdown the proposed program is postponed in Diwali vacation

Workshop Warli painting

Objective:

- To introduce students to the art of Warli Painting.

Date of Event: 5th march

Time of Event: 9am to 11 am **Venue**

of Event: Drawing hall 1 **Fees of**

Event: Rs. 50/-

Event Coordinator: Atharva Bondre **Student**

Chapter:NSS UNIT OF DBIT **Student Head:** Agnel Salve

and Sneha Satish **Number of Participants:** 28

Workshop Report:Warli Painting Workshop was conducted on the first day of Colosseum i.e. 4th March 2020. 21 students and 7 faculty members took part in this workshop. The workshop was organized by the Student Chapter of NSS unit of DBIT'.The event started off at 9:00 am.. The speaker further gave an introduction to Warli Painting and discussed it's significance. This session lasted for 3 hours and proved to be very helpful and fun for the students and the faculty.

Outcome: Students will be able to make paintings of their own using the art of Warli.



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National Service Scheme

NSS CAMP SUMMARY

Dates- 27 December 2019 to 2nd January 2020

Venue: Walwanda Village, Jawhar, Palghar

Don Bosco Institute of Technology, Kurla had organized a 7 day camp for 35 NSS students from 27 December, 2019 to 2nd January, 2020 at the Walwanda village, Jawhar, Palghar district. The theme for the camp was 'Technology for social change'. Based on this theme, all of the seven days had activities that focused on particular objectives. The activities started from 6:00 am till 10:00 pm with meal breaks. The students stayed at the Bosco Samajik Vikas Sanstha Walwanda. Evaluation meetings were conducted on everyday basis to evaluate the progress of each day activities by the various groups and suggestions for improvement and discussions for the following day's activities. Apart from this, physical fitness exercises and Shramdaan was conducted every morning. Shramdaan or manual work included cleaning the campus, neighbouring fields, dormitories, etc. The exercises and shramdaan was followed by the other group activities and sessions.

Activity wise report

Jawhar college student exchange program

The NSS volunteers of DBIT under the leadership of Mr. Royal Dsouza NSS Program Officer, conducted a two-day student exchange program with the students of Jawhar college with their annual NSS camp on 27 December 2019. On arrival to the campsite the students received a warm welcome from the Jawhar college volunteers. The leaders of Jawhar college gave a brief of all the activities undertaken by them along with photographs in the campsites for the people over there. Later on, the students were segregated into smaller groups and were asked to join the Jawhar college groups for better experience of student exchange program.

All the group had to do a particular job on a particular day like one group had to prepare food for all whereas one had to look after cleanliness. Later in the evening all the groups had to put up a skit based on a particular topic (like black magic) and dance. These activities caused the increase of interaction among all the volunteers over there which was a very different experience for the students and then the day ended with a small jamm session where the students took part in the traditional dance of the people over there.

On 28 December 2019 the entire activity began with a freshening yoga session followed by mouth watering breakfast. This was the last day of camp for Jawhar college department. the students of along with the Jawhar college students had to finish the task given to them which was for the betterment of the people over there which also led to increase in interaction among the Jawhar college and the students. It was followed by the closing ceremony of the camp for Jawhar college where major officials came from all over the area came and inspired us to serve the nation through their speeches. The student exchange programme officially ended with lunch which was prepared by the volunteers itself.



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The programme ended by with a joy of making new friends and the sorrow of not meeting them any time soon, with wide smiles and tears filled in their eyes which was a totally different experience for the well as the jawhar college students. Later the students left for their walvanda campsite

Teaching in Mauli school.

There were total 7 volunteers assigned for this activity of teaching students of class 8th, 9th and 10th class in Mauli school. This activity was conducted for 2 days. Volunteers had a great time interacting with the students. Students were little shy at first but as the time passed shyness was reduced. Volunteers taught science, math and English. Few volunteers even conducted the experiment of convex and concave lens which the students enjoyed. There was a little language barrier between students as not all volunteers knew how to speak Marathi language and not all students understood Hindi language properly. In the end the teaching sessions conducted were enjoyed by the students and volunteers as well. It was a nice experience for the volunteers to interact with students and get to know about them.

Yoga

Students were joint yoga session with the students from Jawahar college on the first morning. The session introduced students to the culture of discipline and camaraderie present. The following mornings, sessions were conducted by student volunteer Malvika Shetty at 7am sharp. These sessions included Suryanamaskar, soldier crawl and other exercises. This helped the students generate much needed body heat that helped them withstand low temperatures that they weren't used to. It also helped them maintain discipline and get ready for a good day's work. All in all, it was a very fruitful activity,"

Teaching in ZP school

There were 7 volunteers assigned for this activity of teaching students of class 1st to 7th class in ZP school. We had a great time interacting with the students. We use to teach them science ,maths and english. The lower class students from 1st to 4th standard were very cheerful and fun to teach. We also use to sing and dance with them. The higher class students were a little shy and most of us found it hard to communicate with them as we faced language barriers. We used to conduct various games for them as well. We also use to teach them various easy methods to remember math formulas. It was a wonderful and a memorable experience interacting with this students.

Drawing Competition

A drawing Competition was conducted by our camp members on the last day of our camp, in which all the 21 members had volunteered. The competition was held in the Sadakpada ZP School for students from classes 1st to 7th. Our volunteers provided them with all the necessary stationary i.e. drawing sheets, Crayons, pencils, Erasers, etc. The students during the Competition showed great enthusiasm and were full of Joy and excitement. Prizes were given to the Top 3 drawings from every class. All the students as well as the volunteers enjoyed this Activity very much.

Sports

This event was organised on 29th December, 2019. All the kids from Walvanda and Sadakpada were invited for this sports and tele games event, and a lot of them turned up. First we made them feel comfortable by interacting with them , making jokes and entertaining them. Then we started with the games. We divided them according to their age group and



gender. Different games like running race, frog race, musical chairs, one leg race ,kho-kho, etc were organised. In the end the winners as well as the participants were given gifts and prizes. Over all it was fun and a good learning experience.

Cultural activities in village

This activity was held for the entertainment of the kids living in walvanda and nearby hamlets. The volunteers were divided into groups to perform various cultural activities which included dance, play and singing. The plays were based on the theme of swatch Bharat and superstition abolishment. The kids as well as their parents came in huge numbers and applauded the volunteers work. The activity concluded by the distribution of chocolates to the kids. The kids as well as their parents surely enjoyed that evening considering there was limited access to entertainment. To sum up, it was a very enthusiastic and subtle activity which took place during the camp.

Session on social issues and need of intervention

This session was based on the issues faced by the local villagers. Our group was addressed the issues and how we can help those people. How our democracy works and how it is affecting rural life were some of the topics covered. The thinking process of villagers is different from us and it makes them more vulnerable to the projects run by big cities. The issues appeared due to the dam and how it affected their life by decreasing their jobs was also told. After the lecture some questions were asked by volunteers and were answered properly. Session ended with team building activities and thanking the speaker and giving him token of appreciation.

Accommodation facilities

The accommodation facilities for the complete trip were pretty good except for the first two days. For the first two days we all were accommodated in and outside of a temple with no mattresses and full of mosquitoes. The main problem was the washroom there was no adequate washroom facilities and it was really tough to manage. For the next 4-5 days we stayed in one of the don Bosco campus, the accommodation facilities were too good with well equippe damenities. The tents, mattresses, washrooms were all up to the mark and all the students were quite satisfied and happy with the facilities

Royal Dsouza
NSS Program Officer



A handwritten signature in blue ink, appearing to be "R. Dsouza".

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Photos of Activities \



Leadership camp



Blood Donation camp



A handwritten signature in blue ink, appearing to be "R. M. J.", written over a faint circular stamp.

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