

# National Service Scheme (NSS)

Unit of

**Don Bosco Institute of  
Technology, Kurla**

**Reports 2018-19**



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**National Service Scheme (NSS)  
Unit of  
Don Bosco Institute of Technology, Kurla**

**“Health-Harmony-Holiness”  
SYM-Youth and Family**


**Themes for the year 2018-19**

- **Youth for Technology and social change**
- **Youth for green and sustainable environment**
- **Youth for education and participatory learning**
- **Healthy people; healthy campus**



**Report of NSS Semester One activities for the year 2018-19**



  
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### List of the activities

1. Enrolment Drive
2. Celebration of International Yoga Day
3. Workshop on Green Campus
4. Session on Attitude and Don Bosco Way
5. Football is Life
6. Disaster Management Training workshop
7. Mumbai Utkal School Teaching
8. Home Away students\_ Migrant Desk
9. Green campus activities
10. Health Check-up camp
11. Voters Awareness Rally
12. Traffic Guide
13. RRC MDACS workshop
14. Technical projects
15. Blood Donation camp
16. Beach Clean-up
17. BhajanSandhya at Gate way of India
18. Voters Enrolment drive
19. Diwali Mela Program
20. Base line survey of Muskan Group
21. Sanitation project-Walwanda

### Report in Detail

#### 1. ENROLLMENT DRIVE (23<sup>rd</sup> July to 10<sup>th</sup> August 2018)

The enrolment drive for NSS Starts right when the odd semester at college begins. The enrolment is done by the students who are currently in their 2<sup>nd</sup> year of service at NSS. This drive encourages the junior students to get involved in NSS activities and also gives them an opportunity to know what actually goes on during college hours at NSS. This drive started from 23<sup>rd</sup> July and the whole institute was covered by publishing about NSS by 10<sup>th</sup> August. This semester our institute saw to it that even the diploma students are given an equal share in NSS enrolment as diploma students are to admitted to college late which doesn't give them a chance to participate. More than 185 students registered their names for joining NSS. Out of them 145 students joined NSS this year. Total 200 students are in NSS from Engineering and Management departments.

#### 2. International Yoga Day 2018 at DBCL campus- "Healthy people; Healthy campus"

**DBCL-Kurla 21 June 2018:** The DB MAC department of Don Bosco College BMS institute and the NSS unit of Don Bosco college and Don Bosco Institute of Technology, Kurla had organized yoga sessions for the students and staff of Don Bosco Centre for Learning campus on account of the International Yoga Day June 21<sup>st</sup>, 2018. The Yoga sessions were conducted Ms. Pooja Gupta, a yoga and martial arts expert from the DBC BMM department. She trained a few NSS volunteers a few days before the day of the event.



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The day started in the morning at 8:00am with the sessions with the SJITI students who were well disciplined. Even though a few were distracted by the names and postures of the asanas, they performed them well. The sessions with the SJITI students ended at around 9:00 with a concluding speech by Amar sir from the ITI department and Fr. Joe. Around 350 students and staff attended this first session.

The second session was conducted for the Don Bosco College students and staff of HS, BMM and BMS department from 9:30am to 10:30am. Fr Joe addressed and welcomed everyone in the beginning of the session, followed by a talk Ms.Pooja Gupta on the benefits of yoga. Then the warm-up followed by the different asanas of yoga. Around 310 students attended this session. At the end of the session Ms.Pooja informed the students about the yoga and martial arts classes which will be started soon in our DBCL campus.

The Third session was conducted for the staff of DBCL campus where all the yoga asanas were performed along with additional asanas. The volunteers were surprised to see their teachers do the asanas so well. 48 teachers from the campus attended the yoga training session and some of them have shown there interest to join regular yoga classes which will conduct by DB MAC department.

In the end Fr Joe proposed vote of thanks to all participants and special thanks to Ms.Pooja Gupta for conducting Yoga sessions for staff and students followed by a group photograph.

The Don Bosco Centre for Learning campus students and staff not only learnt the different exercises in yoga, they also learnt the benefits and importance of yoga





### **3. Workshop on Green Campus for students**

**Kurla, DBIT-16 July 2018:** Department of Computer Engineering of DBIT had organised two hours session on 'Green Campus Initiative' and NSS orientation on 16<sup>th</sup> July 2018 for the second year engineering students. Mr. Macson Almeida from Don Bosco Green Alliance, Matunga conducted this seminar for student. The objective of the session was to create environmental conservation awareness among students and to cultivate positive emotions and responsibilities in environmental protection through hands on activities and education training among the young generation.

Mr. Macson spoke about different environmental issues like global warming, Flood, cyclone etc. he explained that, how all the activities can be conducted in college campus to create environmental awareness among college students through two-way communication and hands-on activities. He explained the 10 benchmarks of Green campus. **Green Campus Committee, Zero Litter, Waste Management, Energy Efficiency, Water Conservation, Sustainable Travel, Avoiding Plastic Pollution, Healthy Food, Enriched Biodiversity, Climate Justice** are the activities to make clean and green campus.

Students have taken up the challenge to develop young people to be more aware and concerned about environmental issues and to engage them to be actively involved in activities related to teaching and learning of environment.

After this Green Campus session Mr. Royal D'souza, NSS Program Officer DBIT conducted orientation session of DBIT NSS and explained the plan of DBIT Green Campus in detail. Total 52 students attended the session.



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#### **4. Report on "ATTITUDE AND THE BOSCO WAY"**

**Topic :** Attitude and the Bosco way

**Date :** August 21, 2018

**Venue:** Seminar hall, 3<sup>rd</sup> Floor, A Block

**Audience:** SE IT, SE and TE EXTC students.

**Timings:** session one- 9:15am to 10:45am, Session two- 11:15am to 1:00pm, Session three 2:00pm to 3:45pm.

**Report in Detail:**

Mr.Jithin Isaac introduced Fr. Glenford Lowe (Rector of Don Bosco Provincial House, Matunga) to all the students by giving a small sneak peak about him. Fr. Glenford spoke about the meaning of life and what attitude we should have towards life. He conveyed us the message "We see what we want to see and hear what we want to hear". He illustrated this message by giving us an example of Don Bosco. A clip was shown based on what attitude should we have in our lives.

Following types of attitude were discussed

- Physical
- Intellectual
- Social
- Spiritual

Fr. Glenford asked all the students to write negative and positive attitude that they presumed via Physically, Intellectually, Socially and Spiritually.



#### **5. Football is Life**

On 11th August 2018 , At Govandi,10 NSS volunteers took an initiative for program called "Football is life" for the duration of 3 months in the odd semester.

Football is life is an activity carried out by the Lokseva sang along with Gulmohur group in co-op with international foundation where DBIT NSS volunteers teach the Govandi slum kids basic Football and English. The activity is carried out by Mr.Nepolian and NSS volunteers.

The activity duration was for 3 months every Saturday from 8:30-11am which included basics of English like the phonics, vowels,word building and sentence making and Football coaching.



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The English teaching was carried for 1 hr after that these underprivileged kids were taught basics of football like passing, dribbling, shooting, heading etc



#### **6. Workshop on Disaster Management preparedness for students and staff**

**DBCL-Kurla:** On 5th August 2018, A Disaster Management preparedness workshop was organised by the NSS unit of DBIT and DBC under the guidance of Mr. Royal D'souza (NSS Program Officer, DBIT) at seminar hall, 3<sup>rd</sup> floor of 'A' wing of DBCL campus. This workshop was attended by 108 students and 16 staff members from DBIT and DBC. The program was led by 3 officials from Disaster management cell of BMC.

The awareness program started at 10:00. The first workshop conducted was based upon the theoretical concepts of disaster management. Mr. Rajendra Lokhande was the first speaker who gave a brief idea about how one should handle such situations in an excellent way. He gave various points about how to face such situations namely 'Do not panic', 'Have a presence of mind', 'Don't spread or believe in rumours' and 'walk fast and not run'. Mr. Lokhande shared a lot of incidences and explained how we can overcome them by using these main points. Sir also shared a lot of real life experiences he had during his time working for the BMC Disaster Management cell. It was very interactive session.

The second session was conducted by Mr. Bharat Kumar Phunge an ex fireman of Mumbai fire brigade. This session covered various topics about fire fighting situations and how to overcome them. He also gave a talk on different types of fire extinguisher and how to use them. He demonstrated how to handle fire and how to put it off at the Basketball court. The amazing experience of 10 years that Mr. Bharat had was pretty much understood by everyone by the way he conducted the session. This session ended at 1:00 and snacks were distributed among all.

The third session started at 2:00 by Mr. Praveen Bramhadande. This session was about how to make a stretcher in any situation and how to evacuate casualties from a disaster without harming them. In this session all participants also learnt different types of knots which can be



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used during such adverse conditions and when and where one should use them. Sir's explanation and demonstration were very accurate to the smallest details.

The workshop ended at 4:00pm. A vote of thanks was given by Mr. Sachin a volunteer of NSS to the BMC cell for conducting such an amazing event for the students and staff to make them better and alert citizens of tomorrow.



## 7. Mumbai Utkal School Teaching Program

The 'MUMBAI UTKAL SCHOOL TEACHING' PROGRAM was done with the aim of not only educating the students but empowering them for their bright future by using a fresh and different perspective that is the engineering students of Don Bosco Institute of Technology (DBIT) taught the school kids over the course of two and a half months.

Prior to the commencement of classes, a meeting with the school principal of Utkal School was held to discuss the needs and wants of the students and its achievability through this program. The classes started on 3<sup>rd</sup> august and lasted till 15<sup>th</sup> October, 2018. The time duration for these classes was an hour from 8am to 9am. The classes had students of standard 5<sup>th</sup>, 6<sup>th</sup> and 7<sup>th</sup>. There were 2 volunteers at least in one class at a time. On a particular day, there were 3 classes being conducted by 6 volunteers. The classes were held on Mondays, Wednesdays and Fridays. The subjects taught were mainly maths, English and science along with other personal skills development subjects.



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There were total 17 volunteers from DBIT for the program. The volunteers showed their interest and participation by being punctual, coming prepared with study material, teaching their strong subjects and telling unique information and stories. The students worked hard and with interest. The students were able to learn things they did not understand earlier, they got show their knowledgeable skills and learn important values that are needed to have for pursuing higher education or jobs.

## **8. NSS HOME AWAY STUDENTS ACTIVITY**

MEMBERS: 1) RajasiJaiswal 2) MithileshChaudhari 3) DishaSanil

ABOUT ACTIVITY: NSS home away activity is for students who don't live with their parents like staying as paying guest or are living in a hostel or staying with their relatives. Students like these face alot of problems. Problems like students are not able to study or place they are living is not at all convenient to live etc. NSS department took the initiative to help these students.

PLAN: 1) List of all home away students in DBIT. 2) Survey was done for analysis of problems of the students. 3) Meetings were held to discuss the problems. 4) Solving the problems of the students.

SOLUTIONS: 1) Students who don't have good place to live were given suggestions of new convenient places to live. If they like they can shift to that place. 2) Students who weren't able to study in their hostel can study in the college after the college hours. Classrooms are provided. 3) Students who don't get good meals, canteen help are provided. 4) All possible kind of help is provided to the students.

This Beach Clean-up Drive went on until 10:30 a.m and saw the conclusion of a wonderful and Fun- filled activity. Volunteers all were thanked at the end for showing up on such an auspicious day. Never would they forget such an Event the helps keep the flora and fauna of mother nature so pleasant.

## **9. Green Campus Activities Report**

**DBIT, Kurla(W):** Progress is impossible without change and those who can't change their minds cannot change anything' such was the thinking and motivation received as we entered another semester filled with Green Campus activities. There were various activities lined up and overall Green Campus leadership was taking by Mr. Nevron Albuquerque. In Green Campus team had planned 7 activities that would be conducted in college. Along with the Third Year the Second Year students were accompanying them. Spreading awareness is important and that is what they have achieved this semester. An integration and blend of activities are mentioned below:

**1. Zero Litter-** This activity was lead Mr. Pratik and Mr. Utkarsh from TE (EXTC). This group had taken up the task of reducing the waste that was generated in the campus. The team had done a very good job as they had made posters that conveyed brilliant messages on how waste can be reduced in the campus and our living place. The NSS and outreach department



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had exhibition cum sale program of different types of cloth bags in the campus. Also we have kept permanent display at the college entrance of the cloth bags.

**2.Waste Management**-This activity was led by Mr.Mihir and Mr.Harsh from TE(EXTC).This group had taken up the task of bio-degradable pit set up in the campus along with placing garbage bins for wet and dry.This panned out pretty well for us as there was an immediate effect and it was job done well.

**3.Energy Efficiency**-This activity was led by Mr.Vivek and Mr.Anthony from TE(EXTC and MECH respectively).This activity was effective overall through the campus a small messages reading 'Switch off the fans before leaving' leaves a huge impact as unnecessary waste of electricity was prevented and also posters regarding were put up.

**4.Water Management**-This activity was led by Mr.Nevron and Mr.Dominic from TE(MECH).This was an activity that needed to convey strong messages to save water in campus and at our homes.Water buckets were also placed at every water cooler so water is collected in the bucket and could be used for watering the plants instead.



**5.Sustainable Travel**-This activity was led by Mr.Nigel and Mr.Justin from TE (MECH).How often does people this of something like a Sustainable Travel? Bringing the people out of comfort zones was one part of this activity and the other part was coming up with ideas s people could stop using private vehicles and use public vehicles saving fuel and polluting the environment.

**6.Avoid Plastic Pollution**-This activity was led by Mr.Adish and Mr.Deepak from TE(IT).This was a major activity.Plastic being one of the most fatal substance and needs proper disposal methods and so did it happen in DBIT Campus with such determined students it was possible to organize this activity.The results turned out to be positive.

**7.Healthy Food**-This activity was led by Mr.Jowyl from TE(MECH).This is quite an activity that was needed to be conducted as it included a survey that was taken within the college and certain fast foods were tried and reduced from the canteen that was providing it.

On a closing note the activities were successfully incorporated and carried out Through this NSS volunteers didn't just gain something for themselves but they were able to implement it in others life as well.



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## 10. Healthy staff = Healthy campus HEALTH CHECK-UP CAMP REPORT

DBCL-Kurla: The NSS unit of Don Bosco Institute of Technology (DBIT) arranged for a free health check-up camp for teaching, non-teaching and support staff of Don Bosco Centre for learning (DBCL) campus on 24th August, 2018. The program has been co-ordinated by Mr. Royal D'souza, NSS co-ordinator of DBIT and a Senior Programme Co-ordinator for Social Outreach Project of DBCL Kurla, with the support from DBIT NSS volunteers.

The camp was inaugurated in the presence of Mrs. Vijaya Jagadale, District Chairperson, Lions Club, Ghaktkopar, Dr. Arvind, Kohinoor Hospital, Kurla(W) and Mr. Florencia D'souza, Social worker, Holy Cross Medical Trust, Kurla.

The team of Doctors and assistance from Khoinoor Hospital, DY Patil Dental College, Dr Eye Foundation were conducted this drive.

The Health Check-up drive consisted of General Check-up (Blood pressure check-up, Blood sugar, Height and weight/Body Mass Index (BMI), BMD and Doctor consultation), Eye check-up, Dental check-up and ECG.

The camp was a great success wherein more than 135 staff members from DBCL visited the doctors and took benefit. The DBCL staff got their health check-up with proper care and thus the event was a total success.



  
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## 11. VOTERS AWARENESS RALLY 2018 25<sup>th</sup> August 2018

**DBIT, KURLA(W):** Voting! How many of us use this right given to us? Or rather how many of us are aware of it? Why is voting so important? The answer to this is voting leads to choosing a right individual or electing an individual to work for the betterment of the state as well as for the betterment of the Nation. Our future maybe in the hands of a wise leader. 'Voting is our Birth Right, every citizen of our nation should vote.

One such Voters rally was held at nearby communities in Kurla. At about 11:30 a.m the Voter's rally commenced. 72 of DBIT and DBC NSS volunteers along with NSS Program Officers Mr. Royal and Mr.Yashseh participated in this rally. Along with DBIT students the students of Kurla Technical School also went marching on the streets to publicly convey everyone to know about their rights to vote as well as to cast a vote. A Good Leader leads a society to prosperity' such were the slogans and messages portrayed by all in the form of pluck cards during the rally. Half way down the rally a small enactment was done by an associate group on, how one can apply for a Voter's ID as well as what are the benefits one will reap out of this.

This turned out to be par beyond our expectations as students had gained attention of every possible citizen out there. Rally started from DBIT and went from Kamani- Phinix mall- Nawpada and Milind Nagar areas. All of this was not possible without a great team of policemen who held on to the security of this rally maintaining and managing the traffic and crowd to ensure no individual is harmed during this rally. After about 1 hour of awareness that was spread we all headed back to our institute to have some refreshments which was arranged for the students.



  
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## 12. Road Safety/Traffic Control Program

The National Service Scheme(NSS) of Don Bosco Institute of Technology Mumbai organized a Road Safety and traffic control program near SheetalTalav, Kurla(W) on 14/09/2018, 17/09/2018, 19/09/2018 and 23/09/2018.

It was organized during the Ganpati Vacations. Insp. Gujar who was the traffic incharge on location was co-ordinating with the college. On the first day students were very excited, as to what work would be given to them. The student met PSI DilipGaokar and he allocated the students at different locations. Few were given the task of Crowd Management that included letting people IN, guiding them to do the Pooja and then showing them the way out. Some were placed near the parking area to clear the cars and tempos that were carrying the Ganpatis. The others were on the road clearing the traffic so that there is no crowding of vehicles.

The first and the second day were quite chill for the volunteers because it was the initial days of Ganpati. The third day was a bit hectic due to large number of Ganpatis coming up for visarjan. The last and the final day was the most difficult and challenging day. Huge Ganpatis came in for visarjan. The volunteers got very much engaged in their work. As time passed traffic went on increasing giving way to more chaos between the devotees.

The four day road safety and traffic management program was a success. Students learnt a lot from this activity. The traffic police and the devotees were very happy with the volunteers work. This program finally came to an end on 23/09/2018.



NATIONAL SERVICE SCHEME (NSS)  
UNIT OF DON BOSCO INSTITUTE OF TECHNOLOGY, KURLA

Sr. No	Name	Class	Contact No	Sign & Date	Sign & Date	Sign & Date	Sign & Date
1	KEVIN FRANK	SE MECH	99 20 81 98 02	<i>Kevin F.</i> 14/9/18			
2	CARSTOHER SABU	SE EXTC	7045502530	<i>Carsther</i> 14/9/18			
3	Shivaam Singh	Mech	8879800606	<i>Shivaam</i> 17/9/18	<i>Shivaam</i> 17/9/18	<i>Shivaam</i> 19/9/18	<i>Shivaam</i> 23/9/18
4	Wayne Fernandes	PF COMD	9909358671	<i>Wayne</i> 19/9/18	<i>Wayne</i> 17/9/18	<i>Wayne</i> 19/9/18	<i>Wayne</i> 23/9/18
5	Nigel Fernandes	TE Mech	8398315715	<i>Nigel</i> 17/9/18	<i>Nigel</i> 17/9/18	<i>Nigel</i> 19/9/18	<i>Nigel</i> 23/9/18
6	Nilchristim Rodrigues	SE Mech	9429837253	<i>Nilchristim</i> 17/9/18	<i>Nilchristim</i> 17/9/18		
7	Rohit Patil	SE Mech B	7710879929	<i>Rohit</i> 17/9/18	<i>Rohit</i> 23/9/18		
8	Ruben Bardenbar	SE Mech	8087360263	<i>Ruben</i> 19/9/18	<i>Ruben</i> 23/9/18		



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### 13. RRC Training program

A training session regarding the awareness of HIV and AIDS was conducted in Mumbai District Aids Control Society, Wadala in Acworth Leprosy Complex on 29 August 2018. Two NSS volunteers Ms. Pratibha Sharma and Mr. Amol Nagpure from Don Bosco Institute of Technology Kurla attended this training session. The day started at 10am with breakfast and then starting the session with Head of RRC (Red Ribbon Club) Umesh Gughe introducing NSS students about the work done by them in RRC club. Later the session was carried on by Dr. Shrikala Acharya explaining the students about the anatomy aspects of HIV and AIDS, then Dr Shivkar explained them the Physiological part of it.

The session was taken over by Dr Vishnu Bhandarya teaching them about the basic facts of HIV and AIDS and the History. After the session the Head of NSS of Mumbai District Prof. Ashok Pujari addressed the students for few minutes and then there was a lunch break.

After the lunch break a session on life skills and its importance in every individual person life was taught with a small activity where the students of different colleges were distributed into groups. After this session Umesh Gughe Sir told the students about the different activities that can be done in detail. Later on they were given a cap, T - shirt, key chains, posters, visiting cards of MDACS, and some small booklets to give it out in their college so that they can spread awareness about HIV and AIDS.

### 14. Technical Project work

Roshan James and John Anand Abraham (TE IT) were appointed with the task to maintain all technical activities for the ODD SEM. Two websites which were previously handled by Sonali and Alsiha (currently BE COMPS) were given to Roshan and John Anand respectively to maintain the site.

Roshan was given with the task to maintain the Mumbai University NSS site and John Anand was responsible for Chuim Community Centre, Khar.

Roshan had a discussion with the Programme co-ordinator of NSS, Prof. B.S. Bidve at Vidyapeethbhavan, Churchgate. They discussed about there being a lot of outdated data on the site and possible plans of updating the data in the site and upgrading the site as well.

John Anand also had a discussion with Sr. Sunita of the Chuim Community centre, where they discussed about the outdated data on the site and plans on how to update the site.

They also made a website template for the NSS Pune Vidyarthi Griha's College Of Science and Technology



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## 15. BLOOD DONATION CAMP

A blood donation camp was organized on 25<sup>th</sup> September by National Service Scheme (NSS) unit of Don Bosco Institute of Technology (DBIT) and Don Bosco College (DBC) at FR. MONDINI hall from 8:00 AM to 4:00 PM. The sponsorship of the camp was done by the Lions Club Millennium. The Camp was inaugurated by Administrator of DBCL Fr. Christopher George, DBC Principal Dr.Parvati, Lions Club Millennium Mr.Manmohan Mehta and NSS Programme Officer Mr. Royal D'Souza. The hospitals invited were KEM Hospital, Nair Hospital, and Jaslok Hospital. A number of volunteers came forward to donate blood during the camp which included teaching & non-teaching staff, students & non-student donors. At the end 422 units of blood were collected. The blood donors were provided with a blood donation certificate card by the hospitals. Refreshments and food coupons were also provided to all the donors.

A total of 40 volunteers volunteered for the camp, ShyamPatil and SimranKumbhare being the co-ordinators of the drive. The planning of the camp started a month ago. A core team of 10 members was formed. Initially the work to be done was sorted and according to the work various committees were formed. Core team members took the charge of various committees' namely Creative team, PR team, Registration team, Logistics team, Security team, and Food committee.

The creative team started its work by designing banners and posters for the camp. This banners and posters were displayed throughout the campus so as to reach maximum number of people. The creative team had a very creative idea displayed as to thank the donors for their valuable donation.

The PR team did a great work by publicizing all over the campus by going in each individual class by spreading awareness on blood donation thus influencing the students and staff to donate blood.

The Registration team maintained all the records of the donors who came for the donation of blood .An initial registration desk was set up at the entrance of the hall where all the interested donors could do the register. Inside, a final registration desk was set up for the registration of the donors who were certified fit by the doctors to donate blood.

The Logistics team started its work a day before the camp. The main role of the logistics team was to arrange the hall for the camp one day before and also to assist the blood banks load and unload the various instruments, beds, cushions, blood bottles, etc. on the camp day. Also four banners were put across the campus and two banners were put inside the hall. On 24<sup>th</sup> September the logistics team and the core team members helped to setup the hall. The hall space was divided into various parts. The inner part of the hall which had air conditioning system was allocated only for blood donation. There was a part of the hall which was separated from the blood donation area and it was used for certificate distribution, registration, basic blood check-up, waiting area and also for food and water counter. An initial registration desk was setup outside the hall along with space allotted for the creativity team. Around 50 chairs were used for the waiting area. And 4 tables were used for outside registration along with 6 chairs. The final registration and the blood check-up required 11 tables and 20 chairs. The certificated distribution area required 2 tables and 4 chairs. The



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food area required 3 tables and 12 chairs. The KLM blood bank had 12 bed, The NAIR blood bank had 6 beds and the JASLOK blood bank also had 6 beds.

On blood donation day one of important task was of manage the queue so that the drive can take place smoothly, this responsibility was laid on security team. Two volunteers of the security team were at the entrance, one to direct the people towards the initial registration desk, Just after the entrance there was waiting zone were one volunteer was helping people to fill the forms. After form filling, volunteers were bifurcating the people equally towards different blood bank's desk where check-ups were taking place. Finally after completing all tests eligible people were directed towards respective bank's donation point. After donation the volunteers were helping people to get their refreshments and certificates. In this way security team fulfilled its responsibility and helped in successfully organizing the event.

The food committee took a proper care by looking after if all the donors were given refreshments prior and after blood donation. Tea and biscuits were provided to the donors before the donation of blood as most of the donors were empty stomach. After the donation of blood, the donors were again given refreshments and 25 rupees food coupons of the canteen.

The blood donation drive was a huge success with an overwhelming response from the all the students, teaching and non-teaching staff of Don Bosco Centre for Learning

#### **DBIT NSS unit awarded as winner for highest Blood Collection for the year 2015-16**

The NSS Unit of Don Bosco Institute of Technology has always been involved in bringing progress to the society through social and technical projects. To that end, it was decided to organize a Blood Donation Drive for all the students and staff of DBCL on 25<sup>th</sup> September 2015. It was decided to tie up with the KEM Blood Bank and Samarpan blood Bank, the Think Foundation and the Lion's Club of Ghatkopar in order to conduct the blood Donation Drive. The KEM is the largest blood bank in the city and the Think Foundation is instrumental in the care and prevention of Thalassemia.

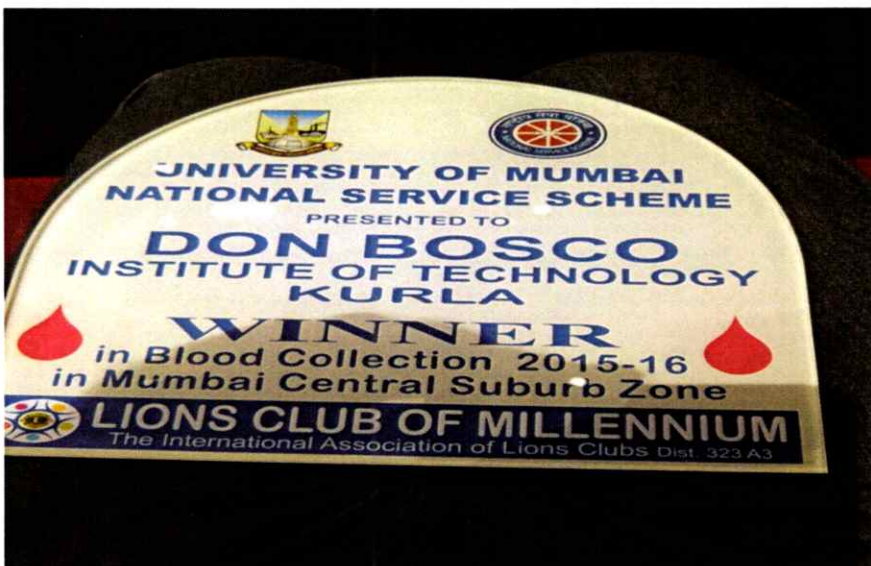
With the target of at least 500 donors in mind the NSS unit put together a core committee consisting of five members and a volunteer team of thirty students to start preparations for the drive. Everyone on the campus from the principals of various institutes to the directors encouraged the initiative and promised whole hearted support.

The Blood donation drive had successfully registered **426** donors, an impressive record, a little shy of the 500 mark. For this special achievement the Lions Club of Millennium, Mumbai along with the NSS cell University of Mumbai had organized award function on 21<sup>st</sup> August 2018 at Marathi BhashaBhavan, Klaina campus of Mumbai University. DBIT NSS unit received a winner trophy and certificate from the Vice Chancellor of Mumbai University Dr.SuhasPednekar on the same day. Few of the officials and Members of NSS units and Lions clubs were also present for the function.

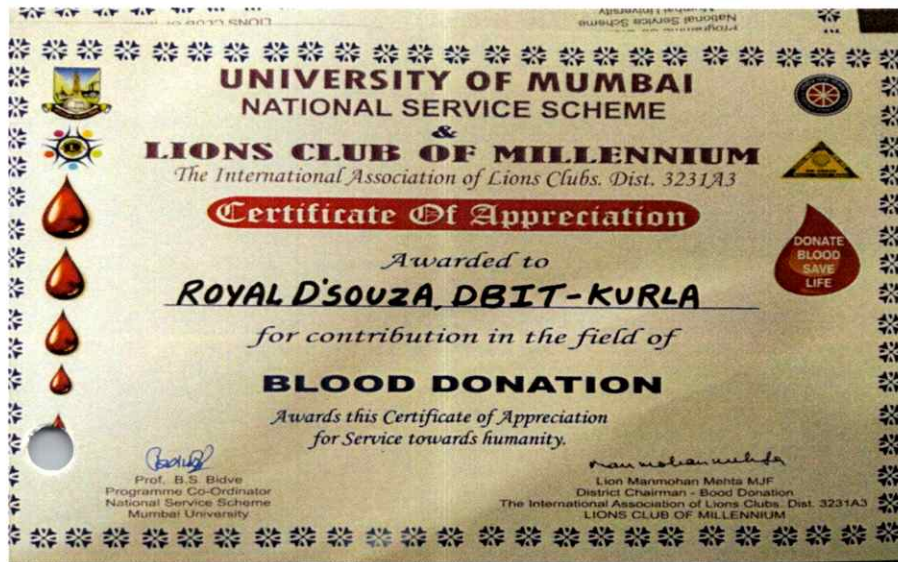
DBIT looks forward to encouraging more students to take up such social responsibility and further live up to the ideals of NSS



  
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## 16. Beach Cleaning Activity- 29<sup>th</sup> September 2018

**Versova Beach(W):** They start to notice how dirty the beach is and all the little pieces of trash they start to see. I've had people tell me that doing three hour Coastal Clean-up stays with them forever'. This is what helped 15 students of Don Bosco Institute Technology attend the Beach Clean-up Drive held at Versova Beach(W). EXIM BANK helped us with the essential gears like Safety gloves and caps for the Beach Clean Up Drive. All the NSS volunteers reported at 7:30 a.m. The Clean-up started at 8:00 a.m in and it went on till 10:00 a.m. The 2 hours long drive saw the determination and enthusiasm of the attendants who were so engrossed in cleaning the beach that various kinds of Plastic, Wood, Marble tiles, Sacks and eatables were found. These wastes were buried in the sand beneath which was dug up by a JCB the eased our cleaning all throughout. Almost the whole beach was left with no waste but the left over portion of the beach could not be done s time did not permit us to go further also considering the high tide that was approaching near. Volunteers were then informed by the officials to wind up our activity. Followed by which they were served refreshments which included Tea and Samosa after which we departed from Versova.



  
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### BEACH CLEAN-UP DRIVE(GANDHI JAYANTI -2<sup>nd</sup> October 2018

**Versova Beach(W):** An ounce in practice is worth more than tons of Preaching'-Mahatma Gandhi. Such inspiring words from the father of our nation. On the occasion of Gandhi Jayanti a Beach Clean-up drive was organised and this time many Companies, Schools, Colleges attended this Beach Clean Up Drive held Versova(W). 8 Students from DBIT led by Mr. Nevron Albuquerque arrived at 8:15 a.m. They were all geared up for this exciting activity. At the beginning they all sang the National Anthem to remind them of why we were present there and then through certain instructions they were escorted to our respective areas. The Beach Cleaning commenced at 8:30 a.m and the amount of people who were present in large numbers could actually cover up cleaning the whole beach. This ensured a smooth working as a larger portion of the beach was getting cleaned. Many huge trucks and JCB's were called for collecting the dirt and waste that was collected by the people. It was so ecstatic to see so many people be socially active for a noble cause. Nothing more could be expected. Timely refreshments were given as working in the hot sun dehydrated us. This Beach Clean up Drive went on until 10:30 a.m and saw the conclusion of a wonderful and Fun- filled activity. Volunteers all were thanked at the end for showing up on such an auspicious day. Never would they forget such an Event the helps keep the flora and fauna of mother nature so pleasant.



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## 17. BhajanSandhya at Gate way of India

On 2nd October unit of DBIT and DBC NSS volunteers attended event of BhajanSandhya at Gateway of India. The event was organised by Mumbai University NSS unit. The special guest of event were Hon'ble Vice Chancellor Prof.SuhasPednekar ,ShantanuMoghe(actor) and miss Navi Mumbai. 15 NSS volunteers attended this program.

The event started at 4 p.m. NSS units from all the colleges under Mumbai University attended the event. Cultural events were organised by Mumbai University students. Group of students from MU sang some of the iconic Hindi as well as Marathi songs followed by a bharud ( Traditional Marathi song) by one of the professor of MU. The event ended at around 7.30 P.M. snacks were provided to the NSS units while leaving. It was a very fun filled event for all of us.



## 18. Voter Enrolment Drive

As a responsible Indian citizen all 18 above people have to enrol themselves as voter. Most of the DBCL students have just completed 18 years age, hence NSS organised Voters Enrolment Drive at Don Bosco .This initiative was taken by the NSS department of Don Bosco Institute of Technology and Don Bosco College .It was conducted on Friday, 28th September 2018 in the college premises. 287 students from DBIT and DBCL registered their names. The event was conducted by the Election officer and collectors office kurla

A message was forwarded to all the college groups regarding the collection drive two days prior of the event .The message consisted of the documents required which were 1)Ration card 2)Pan card or Aadhar card 3)Recent electricity bill 4)Photo copy of voter card of any one of the family member 5)One passport size photograph.

A stall was set up by the NSS volunteers of DBIT and DBCL at 11:00am in the college premises .The election officer arrived at 11:30pm the form was then distributed to the students .Those students who didn't have the required documents were told to submit the form and the documents at the NSS office by Monday, 1st October 2018 .A large number of students collected the form and few of them submitted the form on the day itself .The stall was removed at 2:00pm where after the NSS volunteers thanked the officers for helping organize the event



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### **19. Diwali Mela 2018**

On 3rd November 2018 NSS unit of DBIT and DBC, SYM and YaR ministry of DBCL campus came together to celebrate Diwali with the HIV affected and effected children from the Sanmitra trust. A Diwali Mela program was organised where 48 volunteers of DBC and DBIT took part to make the event a great success under the guidance of Mr. Royal D'souza.

The special guest for the event were Dr. Parvati (Principal of DBC) Prof Prabha Desai (Director of Sanmitra Trust), Mr Shah (Lions club Ghatkopar Precedent), Fr Mario Vaz (Executive Director of MMS) and Prof Mahalaxmi (DBIT).

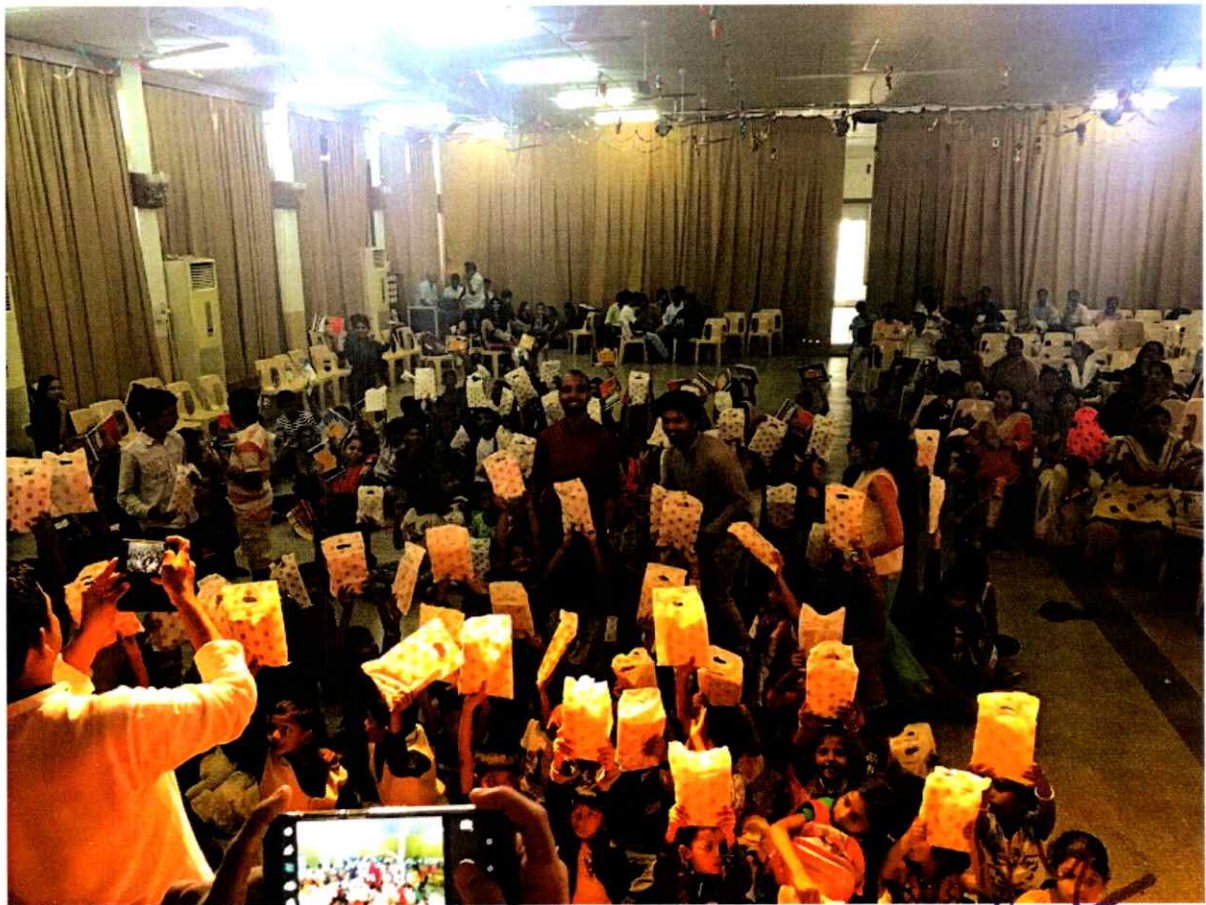
The event started at 9:00 am. Breakfast was provided for all the people in the canteen and they were sent to Mondini hall where the rest of the events took place. There were 15 game stalls put together for the kids. Cultural programs were organised by the Marathi Club of DBIT.

Various fun events like Divya painting, book balancing, Spoon and Marble, ball balancing, Musical Chair for parents and drawing was organised for everyone where everyone actively took part. Around 250 Children and parents attended this program.

The event ended at 1:30 pm before which prizes were distributed and books, pen and pencil were distributed to all the kids. Lunch was provided in the college. It was a very fun filled and joyous event for all. Students and staff of the DBCL campus supported and sponsored this program. Lions club of Ghatkoper also supported this event.



  
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## **20. Base Line survey of Muskan Group**

The NSS unit of Don Bosco Institute of Technology, Kurla and Don Bosco College, Kurla organized a survey for HIV positive from various age groups mainly consisting of children. The survey team consisting of 34 volunteers was given the addresses of positives residing in their area they were divided in groups of 2 per team. The survey was supported by the Muskan\_Sanmrita trust. The main objective of the survey was to gain information of the HIV positive people. A form was given which in the details such as the exact address, education details, bank information, Health and Medical status, Family details needed to be filled.

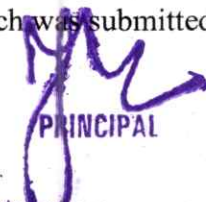
The NSS team of DBIT and DBC had organized a special Diwali Mela for the HIV positive children/adults. The Muskan\_Sanmrita trust helped us in organizing this event by inviting all the positive participants. It was held on November 3rd where in positive people all over the city participated. The survey team had an important role to play in this event as they had to gain valuable information from the participants. The survey team consisted of 4 members. As the participants were enjoying their time in the various game stalls a few of them were requested by the survey team to give their personal details. The forms were given to the volunteers by the trust where in personal status, family details, bank details, education details and health and Medical details needed to be filled. There was great cooperation from the participants. The survey team managed to complete 32 forms. Over all the event was a greater success.

## **21. Sanitation Survey and awareness activity with Jawhar college students**

The women sanitation project is focusing on the menstrual sanitary hygiene and awareness about menstruation of the women in Walwanda village of Palghar district. The project started in January 2018. The project also focuses its attention on the girls in Jawhar college.

The project started due to poor sanitary hygiene of the village women and their lack of knowledge about menstruation. The collection of data regarding this was done by conducting surveys in three villages namely sadakpada, phanaspada and walwanda. The survey was conducted by NSS unit of DBIT in the yearly organized NSS camp under the guidance of NSS Programme Officer Mr. Royal D'Souza and the DBIT Principal Dr. Prasanna Nambair. The survey of the villages were conducted as follows on 25<sup>th</sup> January and 26<sup>th</sup> January the survey in sadakpada, village across the street of Don Bosco college, walwanda was conducted. Similarly, surveys on 26<sup>th</sup> January and 27<sup>th</sup> January were conducted in phanaspada and walwanda respectively under the guidance of DBIT Professors Mr. Nilesh Gaware and Mr. Johnson Nellisery. On 29<sup>th</sup> January by using same questionnaire the survey of Jawhar college girls was conducted by Shreya Birje, Simran Kumbhare and Mita Halankar under Principal Dr. Prasanna Nambair and Mr. Royal D'Souza's guidance. The survey questionnaire was designed by the NSS and IEEE members of DBIT which in turn was finalized by the DBIT principal herself. On 29<sup>th</sup> January after the meeting with the principal all the survey question's answers were analyzed and the report was created which was submitted to the NSS department.



  
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Due to the above-mentioned work a funding was given to the IEEE section of the DBIT which collaborated with the NSS unit of DBIT for further development in the work. Various meetings under the guidance of IEEE mentor Mrs. Freda Fernandes got conducted from March to October for arranging an awareness program. In the meetings discussed about various survey and awareness related entertaining games for the awareness program. The games which got finalized by IEEE and NSS members under the guidance of Mrs. Freda Fernandes and Mr. Royal D'Souza were divided into two sections survey related and awareness related. The survey related games were *DongarkaPani*(mountain or water) and Sad and Happy smiley whereas awareness related were Snake and Ladder, Puzzles and Play card display.

On 1<sup>st</sup> week of October a final meeting for the display of games in front of DBIT Principal Dr. Prasanna Nambair was conducted. These meeting helped in getting a clear view on how the games should be presented in front of the village crowd. On 22<sup>nd</sup> October a final meeting for arranging all the equipment's to go to Jawahar college for conducting an awareness program of Jawahar college girls was conducted.

Finally, on 23<sup>th</sup> October an awareness program in Jawahar college was conducted under the guidance of Dr. Prasanna Nambair, Mr. Royal D'Souza, Mrs. Freda Fernandes and Mr. Johnson Nellisery. The program started by a beautiful welcome speech by the Jawahar college professors and then a perfect speech explaining the program was given by Dr. Prasanna Nambair and Mr. Royal D'Souza. After the speech section 7 groups were created each of 10 students along with 2 DBIT students for discussing and sharing about their personal problems to let them open up for the 1<sup>st</sup> section of the program I.e. survey section. After the discussion survey game sad and happy smiley was played. In it each student was given two similes sad and happy and questions were asked, depending on their experiences they colored the sad and happy similes. Then *dongarkapanni* was played and the answers for each question was collected inside a *dongar* for yes and in *pani* for no.

After the survey games a video explaining about women reproductive system and menstrual sanitation was shown. After the video a specially prepared snake and ladder game was played in which all the pros and cons of the sanitary related practices were mentioned. This game helped the girls in understanding their sanitary habit's effects on their life. Finally, the program was concluded by a thank you speech of Mr. Royal D'Souza and Jawahar college professor.



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**National Service Scheme (NSS)  
Don Bosco Institute of Technology, Kurla**

**DBIT NSS Semester two activities report (January to April 2019)**

**1. BEACH CLEANING ACTIVITY- 5 hours (15 volu)**

A beach cleaning activity took place on the occasion of Republic day i.e. 26<sup>th</sup> January 2019 at Dana Panibeach, Malad West.

Various schools and colleges from across Mumbai took part in the activity. Total 16 volunteers and NSS Program Officer from Don Bosco Institute of Technology and St. Joseph ITI department from DBCL campus took part in the activity.

The activity started at 9 am in the morning with flag hoisting. The main highlight of the drive was the presence of the politician Aditya Thackrey who along with us took part in the cleaning activity. More than two tons of garbage collected through this activity. BMC P/N ward Malad Sanitation department helped us to collect all the garbage for disposal.

EXIM bank, Fort office Mumbai sponsored the T-shirt, Hand Glows and Snacks to the volunteers.

Overall the beaching cleaning activity was a success thus spreading the awareness of cleanliness in our surrounding.



  
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**National Service Scheme (NSS) unit of  
Don Bosco Institute of Technology, Kurla  
Beach Clean-up activity**

**Date: 26 January 2019, at Dana Pani Beach, Malad West. Time 8:00am to 11:00am**

Sr. No	Name	Class	Contact No	Sign
1	Ansari Nabil	First year	8657208877	
2	Ansari Zaid	Second year	8286513384	
3	MARSH PRAJAPATI	First year	9594810872	
4	Pranav magar	Second year	8928158392	
5	SAVIO LOBO	SEIT	9769743609	
6	AYUSH PARAB	TE Mech	8850086878	
7	AAKIF SHAIKH	Tea Mech	7977431214	
8	DRU RAO	second year	8828463898	
9	Anshu Sethia	second year	9987512595	
10	Ganesh Sawant	second year	8241428661	
11	Fazlu Rehman Shah	First year	8779348198	
12	Abdul Karim Shaikh	First year	9594353524	
13	CHRIS D'SILVA	TE Comps	8871601015	
14	Anastasia P souza	TE Mech	7506846314	
15	Dimran Kumbhare	TE Mech	8695520191	
16	Royal Dsouza	NSS Po	7875321120	
17	Govind Katke	First year	8879361459	



  
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## 2. Safety week- 30 hours (8 Volu)

**DBIT,Kurla(W):** "Alert today – Alive tomorrow", "Normal speed meets every need", "The best drivers are aware that they must be beware" all these phrases lead us to one thought and that is 'Road Safety'. One particular activity was conducted where Road Safety was made aware of to everyone. This activity was led by Mr. Nevron Albuquerque from the Mechanical Department and also the leader for this year NSS group. The main objective was to instill the good qualities of driving safe from place to place. Volunteers targeted areas in the college which are visited most by students outdoor and indoor. To be more specific areas such as the College entrance, Parking lots/space, Passages which are outdoors and Classrooms, Corridors from the buildings indoors.



We must all take care while driving as it not only causes damage and loss to us but also to our near and dear ones. Always plan your road trip beforehand so there is no problem that will occur during the ride. We must also take care that no one else is disturbed while driving because of our negligence. Always follow one lane and change when necessary this maintains order while driving. One important rule to be followed is the Traffic signal; failing to do so might lead to accidents. So we all have to adapt to this practice of safe driving. One this note the following activity was concluded.



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### 3. Career guidance- 30 hours (10 Volu)

The career guidance program was conducted by the NSS volunteers of DBIT on the 7th of february,2019 from 8am to 10:00am at Utkal School Navpada .The main motto of this program was to create an understanding about the various fields after completing their 10th standard . 110 students from 8<sup>th</sup> and 9<sup>th</sup> Standard attended this program in school.

DBIT NSS volunteers prepared posters, PowerPoint presentation along with some motivational video. Om Patil and Nihar Chavhan delivered a motivational speech, encouraging them to choose their career wisely. The various section of the topic was science, commerce, arts, and vocational courses. Ms. Simaran explained to the students about the job opportunities and the various branches and scope of science section She gave them a wide understanding about the things related to reality. Then Mr Sham took over telling them about vocational courses, he explained them about apart from taking science, arts and commerce there are vocational fields as well. Courses such as fashion designing, ITI etc were explained in detail. He also explained about the fields after 10th fail. At the end of the program a video clip was shown them to motivate them not to be disheartened if they fail in 10th standard. The program ended well with an overall summarization and feedback session with students

The outcome of this program was that students were able to decide about the career that they want from their life. We plan to show them pictures of working industries, so they get clear idea about what they want .Our future plan is to motivate and guide them so that they can become something in life by motivational speech and videos of people who struggled in life.

### 4. School Teaching-30 hours (10 Volu)

#### Volunteers:

#### Group A

- |                     |          |
|---------------------|----------|
| 1. Rutuja Randive   | SE Comps |
| 2. Saurabh Chaubey  | SE EXTC  |
| 3. Bhushan Kolhe    | SE EXTC  |
| 4. Vaishnavi Gadgil | SE Comps |

#### Group B


- |                      |          |
|----------------------|----------|
| 1. Sayali Kadam      | SE Comps |
| 2. Lubdha Narkhade   | SE Mech  |
| 3. Hrishikesh Borkar | SE EXTC  |
| 4. Cromwell Mendes   | SE EXTC  |

**Duration:** 4 february - 15 march

**Time:** 7.50 a.m. to 8.50 a.m.

**Venue:** Utkal school, Kurla (West)



  
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## 5. Sports coaching-30 hours (10 Volu)

The Mumbai Utkal School Sports Coaching program was held by the NSS Unit of DBIT between 4th Feb 2019 -15th March 2019 between 7:30 am and 8:30am on the DBCL campus sports ground. The main objective of organizing the sports sessions was to encourage the students to take up Sports activities, so that they may grow their love for the game.

The Coaching sessions were held for 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> standard students (both Boys and Girls). In the activities the students were trained for football, cricket and basketball.

Volunteers in this program were divided into groups and allocated certain days in a week to coach a specific class. The students arrived on the campus at 7:30 am along with a Teacher. The volunteers guided the students to the sports ground. All the trainings began with a warm-up session followed by exercises.

Over this period different techniques, tactics and strategy was taught to the students. The Teaching program included basic football skills like passing , shooting ,Dribbling etc

Basketball included shooting the ball, man marking.

Matches were often played between the students. DBIT and DBC NSS and often enjoyed with them while playing the matches, they also gave them feedback regarding their progress. The Activities Ended at 8:30am, Attendance was also taken in the end to ensure students were regular for coaching.

## 6. Green Line-30 hours (10 Volu)

Green Line is a part of a DBIT NSS unit and it is working on several projects which are related to environment conservation. Group of students is working for Green Line under the guidance of Mr. Royal D'Souza. This semester under green line students has worked on various activities.

Green line played a crucial role in the beautification of the area nearby Basketball court. Students has also prepared banners which describes the best practices of the water management and electricity management which are pasted across the corridors and washrooms of our college Green line has also started awareness drive in the college about the best practices for the conservation of environment.

This semester students of green line has also reinitiated the vermicomposting unit which is situated near the Basketball court. Students had suggested some maintenance changes in the structure of compost pit which were implemented in this semester. Now the composting unit



  
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is running with its full efficiency. By the end of the semester NSS unit sold vegetable to the staff and students from the campus. Total sale was Rs. 800/-. Some of the staff members had given us the feedback that they got the opportunity to have healthy vegetable which is totally organic.

### 7. HEALTH CHECK-UP CAMP FOR STUDENTS- 20 hours (10 volu)

A health check-up camp was organized on 18<sup>th</sup> February 2019 by National Service Scheme (NSS) unit of Don Bosco Institute of Technology (DBIT) and Don Bosco College (DBC) at the DBCL campus from 9: 00 AM to 2:00 PM. The camp was conducted for the campus students. The camp was organized under the guidance of NSS programme officer Mr. Royal D'Souza. Kohinoor hospital, Kurla and Doctor Eye foundation helped in the conduction of the camp. A total of 212 students took part in the drive. The drive consisted of General Health check-up, Eye check-up and Dental check-up. The General healthcheck-up further consisted of Blood pressure check-up, Height and weight/ Body Mass Index (BMI), and Random Blood Sugar test. A total of 22 NSS volunteers from DBIT and DBC volunteered for the camp.

Also a practical session was conducted on Cardiopulmonary Resuscitation (CPR) for the first year engineering students. The session was attended by total 43 students. During the session, the students were made aware on how to conduct CPR in emergency situations.

Overall both the health check-up drive and the session were conducted successfully with proper co-ordination of the NSS volunteers and the students. At the end, the staff of the Kohinoor hospital and Doctor Eye foundation were thanked with a token of appreciation for helping in the conduction of the camp.



  
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### 8. Technical projects -30 hours(4 Volu)

Roshan James and JohnAnand Abraham were given the task of updating the old data in the respective websites they handle i.e NSS Mumbai University Website and Chuim Community Centre Website. The tasks involved with the Mumbai University Website included adding the data of the new management in Mumbai University and adding the data of new area/district co-ordinators of NSS in their respective area/district.

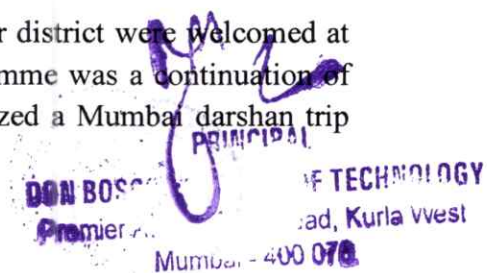
The tasks involved with the Chuim Community Centre Website included adding new photos and performing the annual change of data in the website.

Roshan James and Mithilesh Chaudhari also visited CD Deshmukh College, Roha to provide technical assistance with their website. The tasks involved were updating the old data in the website and to make the website visually appealing.

### 9. Jawhar college-home stay(NSS camp Jan 19, 36 volu)- Shruti

Don Bosco Institute of Technology,s NSS unit made a remarkable humanitarian service of YOUTH EXCHANGE PROGRAMME .This programme was started in the year 2012 .

On 27<sup>th</sup> February and 28<sup>th</sup> February 201926 students from Jawhar district were welcomed at DBIT , These students had a home stay programme. The programme was a continuation of the NSS unit JawharWalwanda camp .The NSS unit also organized a Mumbai darshan trip





for the Jawhar students . The main motive of this youth exchange programme was that they could experience the city lifestyle. The event was diligently organized . There was a soul to it. A soul that was vibrant, contagious & exuberant.

The technical fest of DBIT COLOSSEUM 2019 was a great success. There was a platform to learn and explore new things. Engineering technical fest always has the workshops, contests, talks etc all based on the technical aspects.

The Jawhar students also conducted the workshop of Warli art and Tarpa dance in our campus. The youth exchange programme was a huge success.



### 10. Warli Art workshop

**Objective:**

- To introduce students to the art of Warli Painting.

**Speaker Details:**

The speaker for the following workshop was one of the students from Jawhar College.

**Event Coordinator:** John Anand Abraham

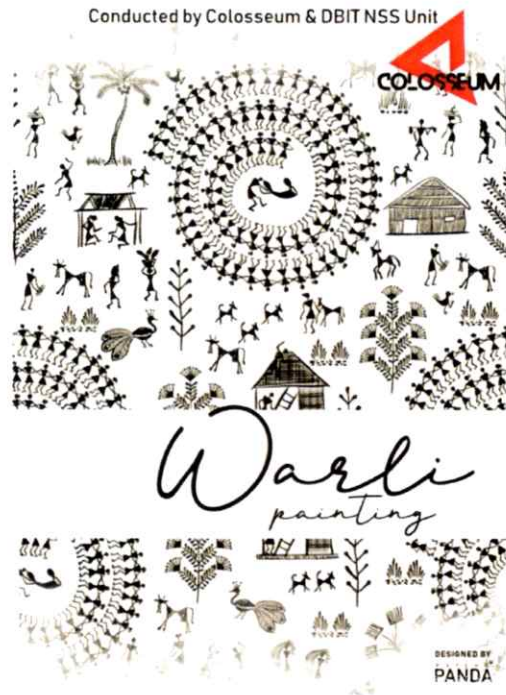


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**Student Chapter:**NSS UNIT OF DBIT & DBC

**Student Head:**Anish Kamat& Bryan Rodrigues

**Workshop Report:**



Warli Painting Workshop was conducted on the first day of Colosseum i.e. 27 February 2019. 33 students and 5 faculty members took part in this workshop. The workshop was organized by the Student Chapter of NSS unit of DBIT and DBC in collaboration with Jawhar College.

The event started off at 1:00 pm with the Principal addressing the participants. The speaker further gave an introduction to Warli Painting and discussed its significance. This session lasted for 3 hours and proved to be very helpful and fun for the students and the faculty.

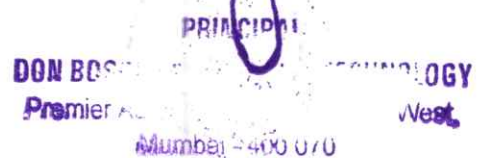
**Number of Participants:** 38

**Outcome:** Students will be able to make paintings of their own using the art of Warli.

#### 11. Muskan group career guidance program-

As year passes, job and career options vary. So to guide the students for their betterment, Don Bosco Institute of Technology NSS unit had conducted a seminar on career guidance for 10th and 12th passed students from Muskan group (HIV infected and affected children) on 28th march 2019 at Boscowadi Bhayander.

Mr.Royal D'Souza with his subordinate Ms. Manisha Gupta and Mr. Jowyl reached Boscowadi at 10am. All the students reached the destination and had breakfast with all.



Mr.Royal welcomed all the students and the staff members. He briefed about the event and the importance of it in future. Ms.Manisha acknowledged the students about the possible opportunity after 10<sup>th</sup> and 12<sup>th</sup> . The students were provided with the information on all aspect of his/her career and were guided about how to proceed in their career. Every youth needs high-quality career guidance to make informed decisions about their future. Then Mr.jowyl explained about the various courses and the scope in each courses. All the students had an interactive session with the speakers. After the event many student personally came to get the information about their career from Mr.Jowyl and Ms. Manisha. Then Mr.Royal D'souza played a small game with all the students and staff members which gave an overall review on planning their career. He even highlighted the point that everything in our life should be well planned, Everyone praised the lesson given by the him. Towards the end the speakers had breakfast with students and left Boscowadi with lots of experience and enjoyment with the students.



“The camp offered guidance to children for their future education and careers available in the country today. Many participants explored career opportunities such as pilots, genetic systems, and aeronautics among others. They were also given an overall understanding of what is expected from them academically and socially. The participants were given an opportunity to think innovatively and learn about healthy lifestyles. Tips were shared on developing their personality and making them good leaders,” D’Souza said. There were also games and outdoor activities through which the participants were helped to learn interpersonal skills and how to work in teams. It was a joint venture by Sanmitra Trust and the NSS unit of the Don Bosco Centre for Learning (DBCL). The Sanmitra Trust is a volunteer-run organisation by a group of like-minded people with talents in varied fields of life, eager to contribute back to society and is



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motivated towards organising social service activities. The NSS aims at developing a student's personality through community service. "It was a very informative and helpful session for us. Now I am clear with what I have to do. I want to join the army. Thanks to the organisers, now I know how to make my application to join the Indian army. I thank u for guiding us through this valuable resource," Russell Mascarenhas, a participant from BBH said.



## 12. IEEE HAC Drama Report

The Drama Club of Don Bosco Institute of Technology, or as we like to call ourselves – **Praestantia** – aims to group together Engineering aspirants who show an interest and/or aptitude towards any form of drama – may that be theatre or cinema.

The club consists of people interested in various fields of drama – from acting to directing, from writing to music.

The team were approached by the IEEE HAC (Humanitarian Activities Committee) for Inculcating Healthy and Sustainable Menstrual Hygiene Practices Among The Tribal Women of Walvanda. They perform a skit to create awareness about menstrual hygiene and teenage pregnancy among tribal women. We were more than happy to use our interests and talents for a social cause.

DBIT NSS unit is conducting various activities for the students from Jawhar College on health and hygiene issues.

**DAY 1: Vinval**

12/03/2019



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Many women from different villages were present for the event. The event started with an orientation, followed by Tarpa dances. Aishwarya, Rutuja and Smriti conducted surveyed many groups of women present for the function. This was followed by the skit which they performed. It was received very well with the audience laughing at all our jokes and, more importantly, appreciating the message which we gave via the drama.



  
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## DAY 2: Ramkhind

13/03/2019

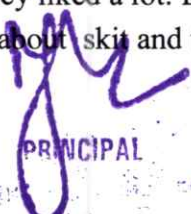
In the morning student visited a school with the purpose of educating young minds. They were shocked to learn that the boys here didn't know about the concept of menstruation/periods. We spoke to them a bit, while the Aishwarya, Rutuja and Smriti also prepared the girls for the topic of the skit.

Later they took the students to their hall where we performed the skit. The boys found it a bit difficult to understand what was going on since they were unaware of the issue but students compensated for this by speaking to them separately.



Later that day they attended a Women's day event. Here again there were many women from different villages. Student performed the skit for them which they liked a lot. Later the girls from our team surveyed the presentees and took their opinions about skit and the message they were giving.



  
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**DAY 3: Kundechapada Jawhar**  
14/03/2019



In the morning student visited to the Jawhar college. They made small changes from the feedback they received earlier. Their skit was appreciated by the audiences.



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In the afternoon student visited a Women's day event. Here the skit had a quieter response than previous performances.



There was a unique joy in spreading awareness and educating people about such a sensitive issue. The audience responses varied from place to place, but DBIT students enjoyed performing every single time.



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### **“Career Guidance Program for Muskaan Group” - Special children (HIV infected and affected)**

Over 47 youth successfully complete the Muskaan Career Guidance Program at Bosco Wadi, Gorai.

Two “Career Guidance Program for Muskaan Group” was organized by Sanmitra Trust and NSS Unit of Don Bosco Institute of Technology (DBCL Campus), Kurla on 28th / 29th March and 13th /14th May, 2019 at Boscowadi, Uttan, Bhayndar west.

Mr. Royal D’Souza, MSW and head of NSS organised and conducted the Camp.

The career camp was attended by 47 boys and girls from Sanmitra accompanied by Ms. Celestine, Ms. Clara and Ms. Lucy from Sanmitra.

Students from Don Bosco Engineering College gave a presentation on Career Choices for Xth std and XII th std. They shared their experiences and a lively interaction followed on the opportunities to follow your choicest academic course. Various career details and workplace requirements were shared by members from the academic and corporate field. Coming from economically constrained backgrounds, the participants were informed about aided colleges, fee benefits and special vocational courses.

There were many life and soft skills games for teamwork, building strengths, overcoming shortcomings, planning for the future, realistic goal setting etc. Programs on Innovative Initiatives focussed on thinking out of the box, being in control of your life and living life 100% were conducted. Inculcating discipline, perseverance, motivation and +ve attitude will help in ‘Thinking Big’ and this is needed to achieve breakthrough ideas.

Sessions covered yoga, swimming, quick thinking and reflexes. They learnt the importance of self responsibility within a group, paying attention to the environment around and each other for team success/failure, cooperation with others, etc.

Ms. Minu Joshi conducted sessions on life skills. Developing a positive mindset would help to deal with less than ideal situations. She then took the group through a relaxation exercise. Students found it to be helpful in staying calm.

All the participants appreciated the value of attending such a Camp and the learnings they took away from this wonderful and inspiring two days at Bosco Wadi, Gorai.

### **Brief on Sanmitra’s Muskaan Group:**

Muskaan group started with a group of 50 HIV infected and affected children in April 2017. And within a short period of two months , they reached membership of 150 children and around 70 mothers.

With more and more activities of mutual support, towards end of March 2018 , they registered 350 infected and affected children and 150 mothers. All of them have been given Identity Cards this year.

MUSKAAN has a WhatsApp group. They also enable and upgrade programs qualitatively. Every year with the help of Don Bosco Educational Institutions, they celebrate Diwali Mela in Kurla campus and Christmas / New year celebration at Don Bosco Borivali campus.



  
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# DBIT - NSS CAMP (2018-19)

Report



The NSS unit of Don Bosco Institute of Technology, Kurla had organized a 7 day camp for 36 NSS volunteers from 2nd January, 2019 to 8th January, 2019 at the Walvanda village, Jawhar, Palghar district. The theme for the camp was 'Digital India, Skilling India and Clean India- Technology for social change'. Based on this theme, all of the seven days had activities that focused on particular objectives. The activities started from 6:00 am till 10:00 pm with meal breaks. The students stayed at the Bosco Samajik Vikas Sanstha campus at Walvanda. Evaluation meetings were conducted on everyday basis to evaluate the progress of each day activities by the various groups and suggestions for improvement and discussions for the following day's activities. Apart from this, physical fitness exercises and Shramdaan was conducted every morning. Shramdaan or manual work included cleaning the campus, neighboring fields, dormitories, etc.

## Day wise report

DAY 1: The activities on the first day focused on developing the listening and observing skills of students. The students reported at the DBIT campus at 6am and departed for Walvanda. After their arrival at the Don Bosco campus at Walvanda, there was a camp orientation program by Mr. Royal and Mr. Prakash. The students were given a brief about the activities that were going to be organized. Following this was a session on activity orientation and social issues faced in the village and how they could be tackled through this NSS program. This session also consisted of various games like 'ice breaker, win as much as you can' that



focused on unity, leadership, teamwork, etc. There was an outdoor sport activity and evaluation meeting that divided the students into various groups focusing on the major issues namely Teaching and education team, Decorating the campus team, Sanitation team, Water management team, Energy Management team. Also the student's allotted into groups as to which families were to host them for food during the stay.



DAY 2: The activities on second day were themed on being with nature. The students started activities based on the teams they were a part of. The teaching committee led by Mr. Wayne and team taught students from 4th to 10th std in the Zilla Parishad School and the Adivasi School. The Campus decoration committee by Mr. Ruben and team decorated the Don Bosco, Walvanda campus spreading awareness about etiquette in a formal environment. The Sanitation committee by Miss. Shruti and team focused on spreading awareness on menstrual hygiene in young girls and sanitation at public washrooms. The Water management committee by Mr. Alok and team collected data and gave information to the villagers on the usage of water, waste water disposal, various irrigation techniques, etc. The energy management committee by Mr. Vivek and team took surveys about energy consumed, usage of solar chargers installed and other solar projects that were undertaken in the village. Apart from this, a session was conducted by Mr. Prakash that informed the students about the various projects that were undertaken by the BSVS (Bosco Samajik Vikas Sanstha) for women empowerment, water management, awareness on education, health, employment, etc. A session was conducted by Mr. Saby who encouraged the students to work on the social and issues and help the villagers in their progress in livelihood issues. Thereafter, there were outdoor activities and the evaluation meetings. At night, a cultural activity that included dances and skits was organized for the villagers. The skits spread awareness about various social issues like waste management, importance of education, importance of good hygiene, etc.



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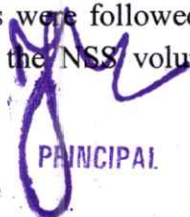


DAY 3: The activities on this day focused on thinking skills of students. The student teams continued their work based on the observations made on the previous day. As the villagers were not open about their thoughts



and opinions, the students organized activities for to make the villagers comfortable. The water management teams visited the bandharas (dams made by the villagers). The energy management team made the people aware about the solar chargers in the village. The sanitation team organized activities for the girls in adivasi school regarding menstrual hygiene. A group of BE students also visited the village to spread awareness about the chulla project. The project included the usage of chulla by evolving less smoke in the atmosphere. The group activities were followed by outdoor activities. The teaching group organised cultural activities for the NSS volunteers in the evening. The day concluded with the evaluation meeting.



  
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DAY 4: The fourth day was focused on the analysing skills of students. It started with the exercise and shramdaan and the group activities by the various teams. After lunch, the students were taken to the Jawhar college for the home stay program. The objective of this program was to understand rural life. Each student had to stay with the students of Jawhar district. They were NSS volunteers. It was a one day program. The students visited the sunset



point and stayed at the hosting student's houses for the night. Few students also visited the dam and the Hanuman point. The home stay was a wonderful experience for a lot of students as they were made aware about the various economical, social, cultural problems faced by the students and also the rural people.

DAY 5: The objective of day five was social mapping. The students were taken to the Jawhar Rajwada (palace) which depicts the history of the village. The house stay program was extremely informative. The students learn about the culture, history, social issues atc. The students exchanged their cultures. Then the students returned back to Walvanda to the Don Bosco campus. There was a evaluation meeting about the home stay program where they discussed the problem faced by the rural areas and the solutions to resolve them It was followed by team building activities like drop the circle, count 1 to 40 etc. In the evening, after dinner, a documentary Marathi movie 'Naal' screened for the villagers.



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DAY 6: This day analysing skills of This was the last camp. The DBIT, Dr. Nambhair madam students for the

focused on the students. day of the principal of Prasanna visited the evaluation of

the activities conducted during the camp. She also had a feedback session about the home stay. This was concluding session for group activities.

The camp concluded with a campfire. Three committees called the food committee, campfire committee and the cultural committee were formed. The campfire was a memorable session with games and songs.



DAY the which The

7: The seventh day the students had shramdaan. Then there was an evaluation and suggestions meet after the students departed for Mumbai. camp was an enriching experience to



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all the students as they were not only aware about the various problems faced by people in rural areas but also experienced some of them.

The students learnt from this experience and will take efforts in resolving the issues. As Mr. Sabby said in one of the sessions during the camp, "When somebody's hungry, it's not food that is in short **supply. It is justice.**"



A handwritten signature in purple ink, consisting of a stylized, cursive name.

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